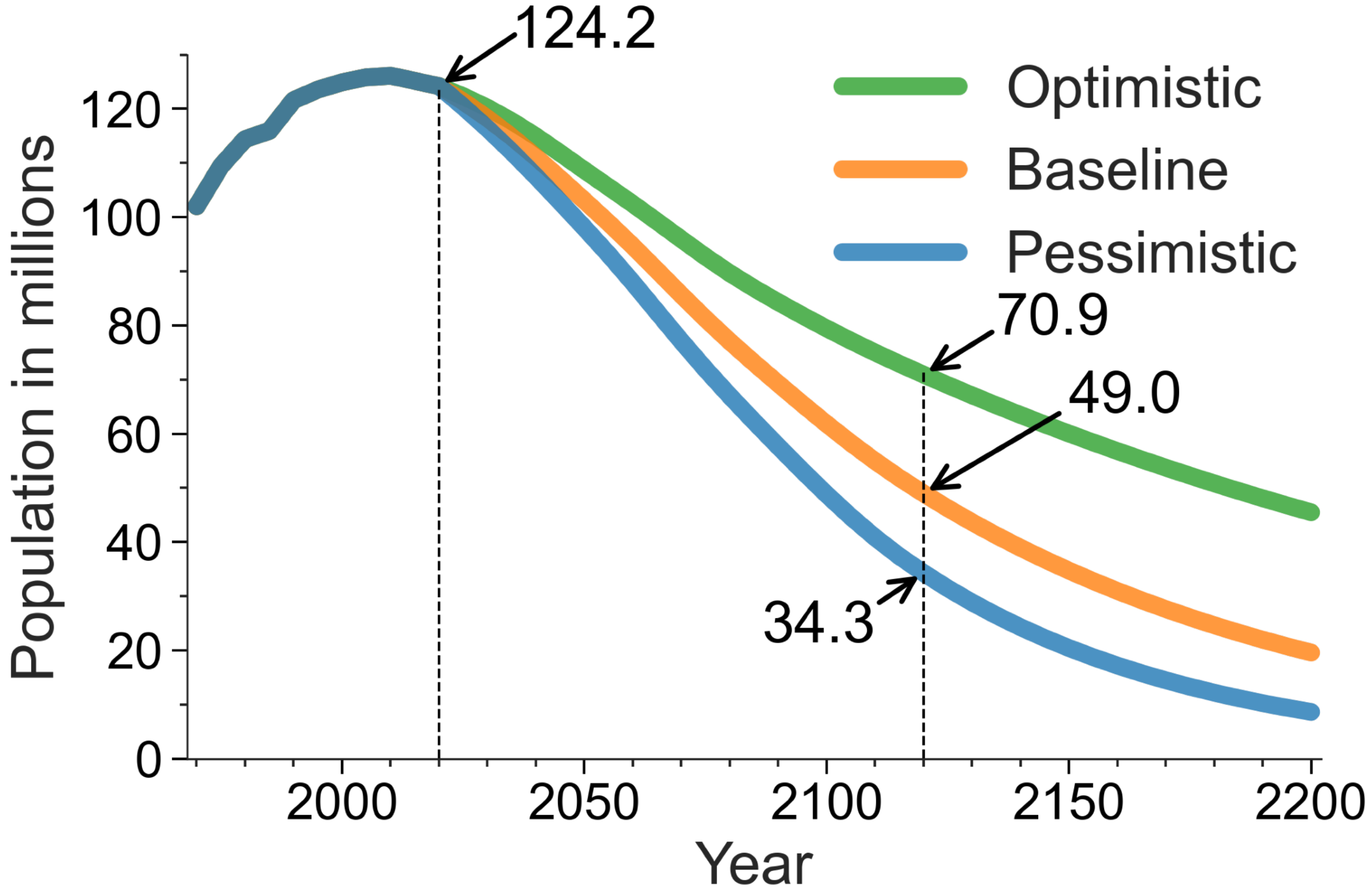




**The Future of Japanese Cities**  
**Japan in 2120**  
**Based on a Statistical Prediction Model**

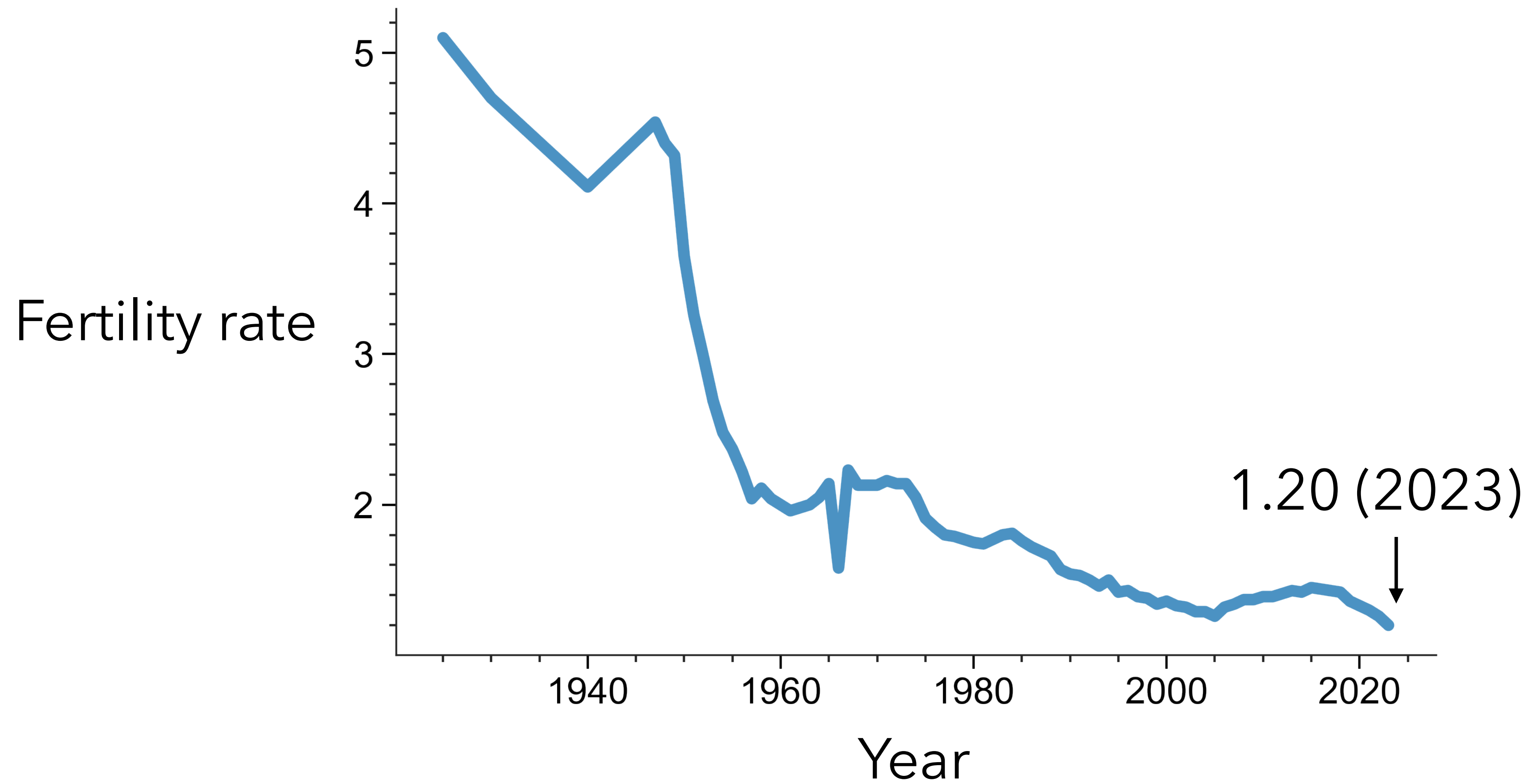
**Tomoya Mori**  
**Kyoto University and RIETI**

# Future population forecast for Japan



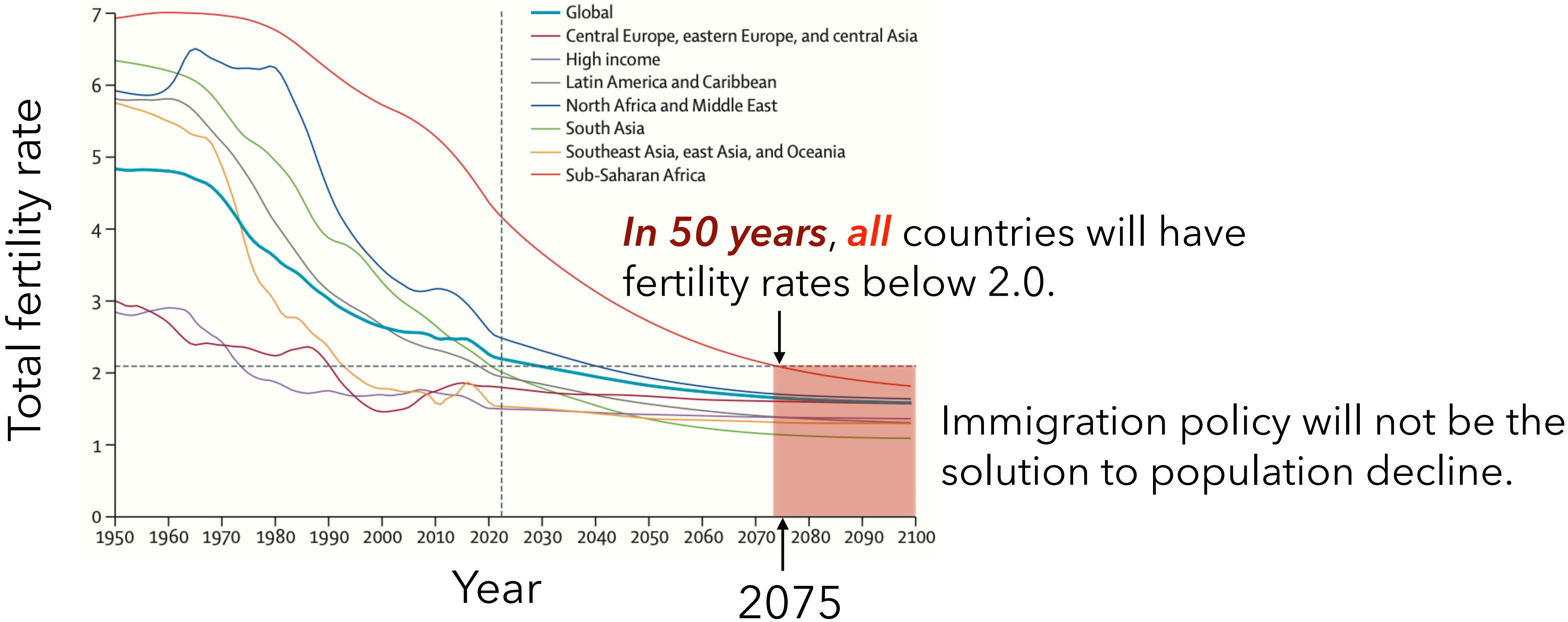
(Limited to areas connected by road to Honshu, Hokkaido, Shikoku, and Kyushu)

# Declining fertility rate in Japan



# Mitigation of population decline by immigration will soon end.

Institute for Health Metrics and Evaluation (IHME) of the US (Lancet2024)






# Motivation

1. While little analysis of the quantitative effects of population decline exists, we attempt to do so from the perspective of urban and regional economics.
2. Beyond the problems of individual cities and regions, there are deeper issues behind population decline, including declining birth rates, that will take time to resolve. We are trying to create an opportunity to seriously address these issues.

# Keys to regional population projections

1. Think of a region in terms of cities as *an agglomeration of people*.
2. Note the following two changes
  - Population decline
  - *Reduction in distance friction (transport and communication costs)*
3. Predict based on theories that are highly *capable of reproducing facts* (theory of economic agglomeration)



**Why do we see the region  
through the "city"?**

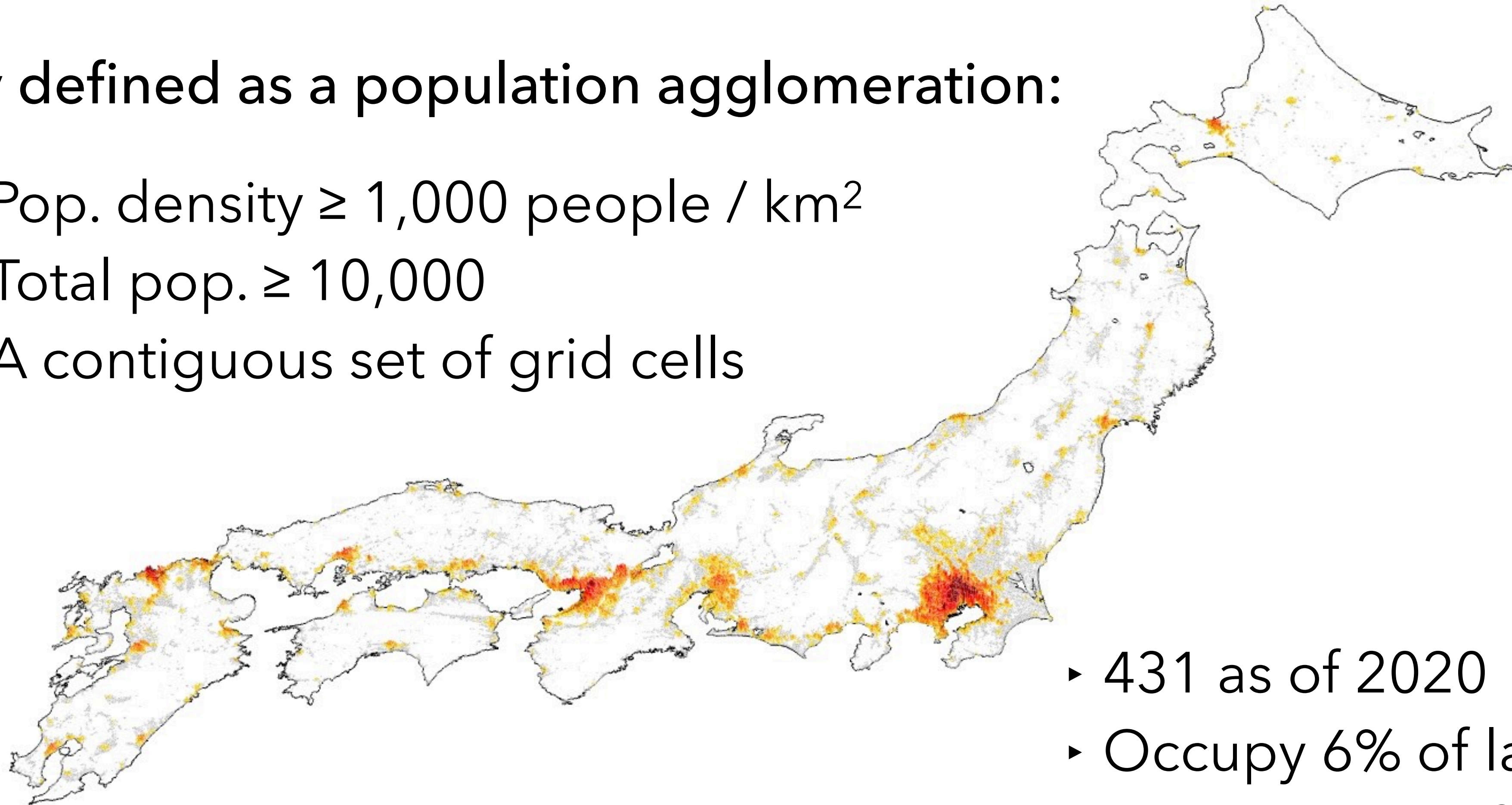


# What is a "city"?

Basic data = 1km grid-cell data of population

A city defined as a population agglomeration:

- i. Pop. density  $\geq 1,000$  people / km<sup>2</sup>
- ii. Total pop.  $\geq 10,000$
- iii. A contiguous set of grid cells

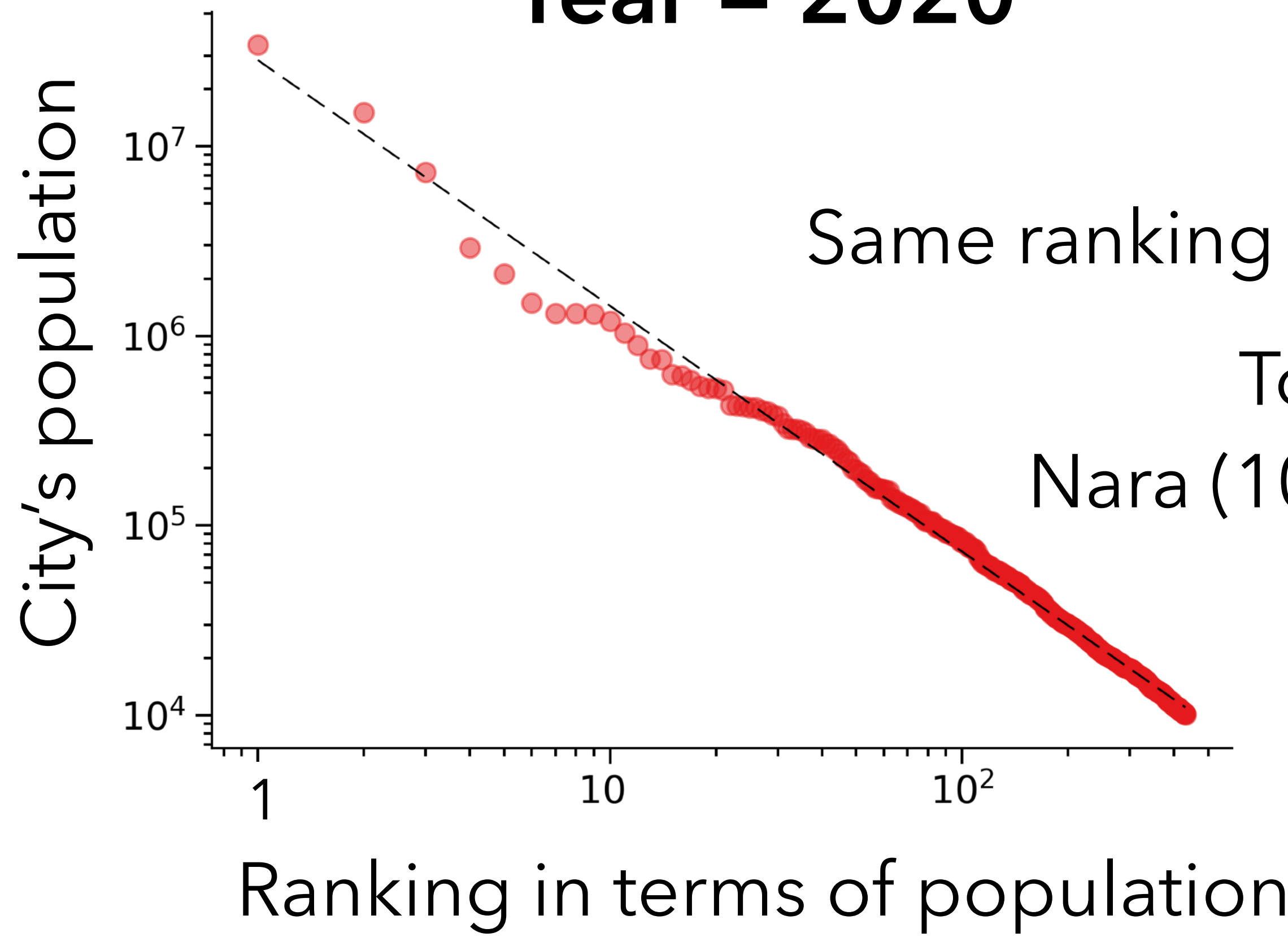


- ▶ 431 as of 2020
- ▶ Occupy 6% of land
- ▶ Contain 80% of population



# Why city? – A persistent power law for city size distribution

Year = 2020



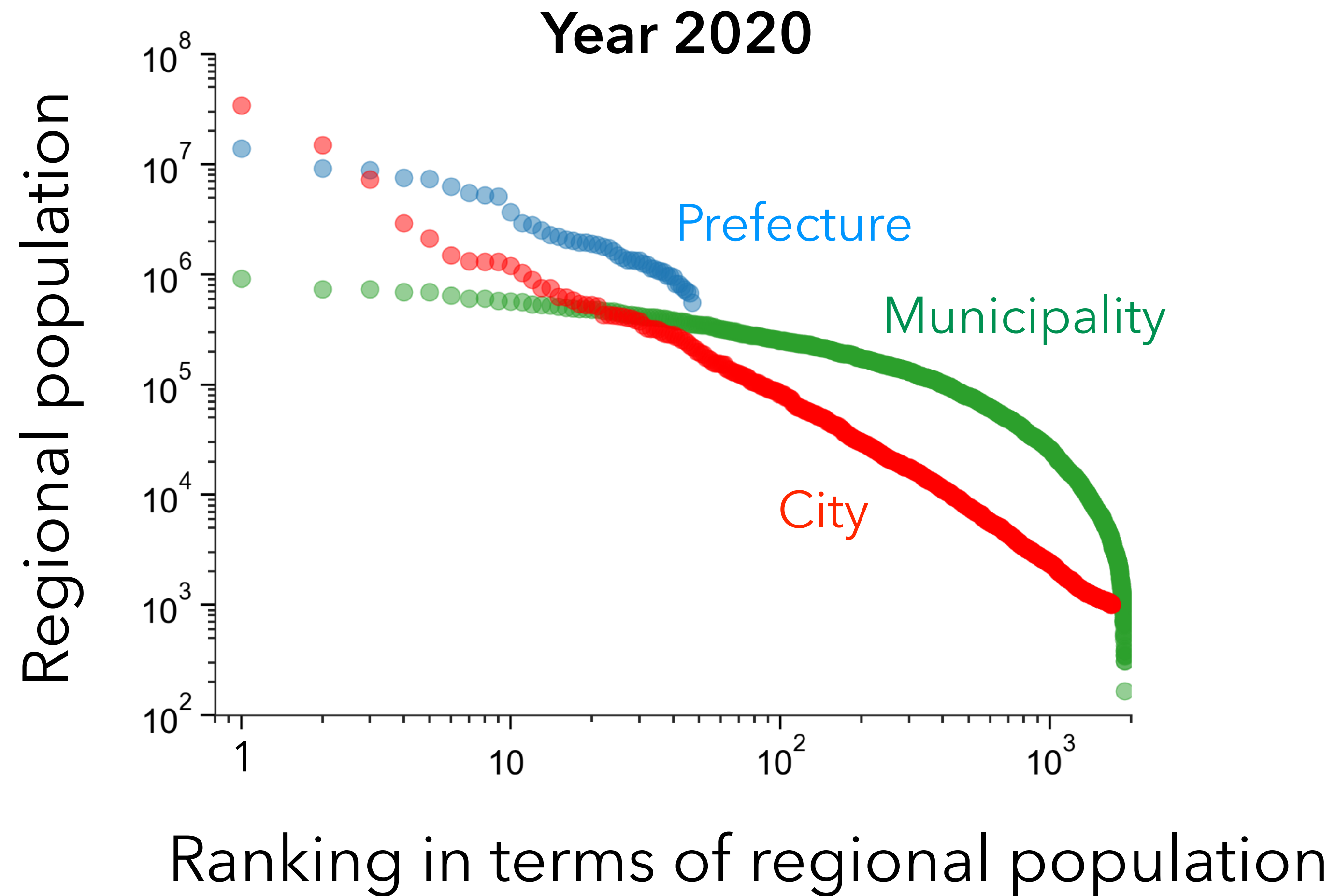
*Power law*

Same ranking ratio  $\rightarrow$  Same population ratio

Tokyo (1st) / Osaka (2nd) = 2.3

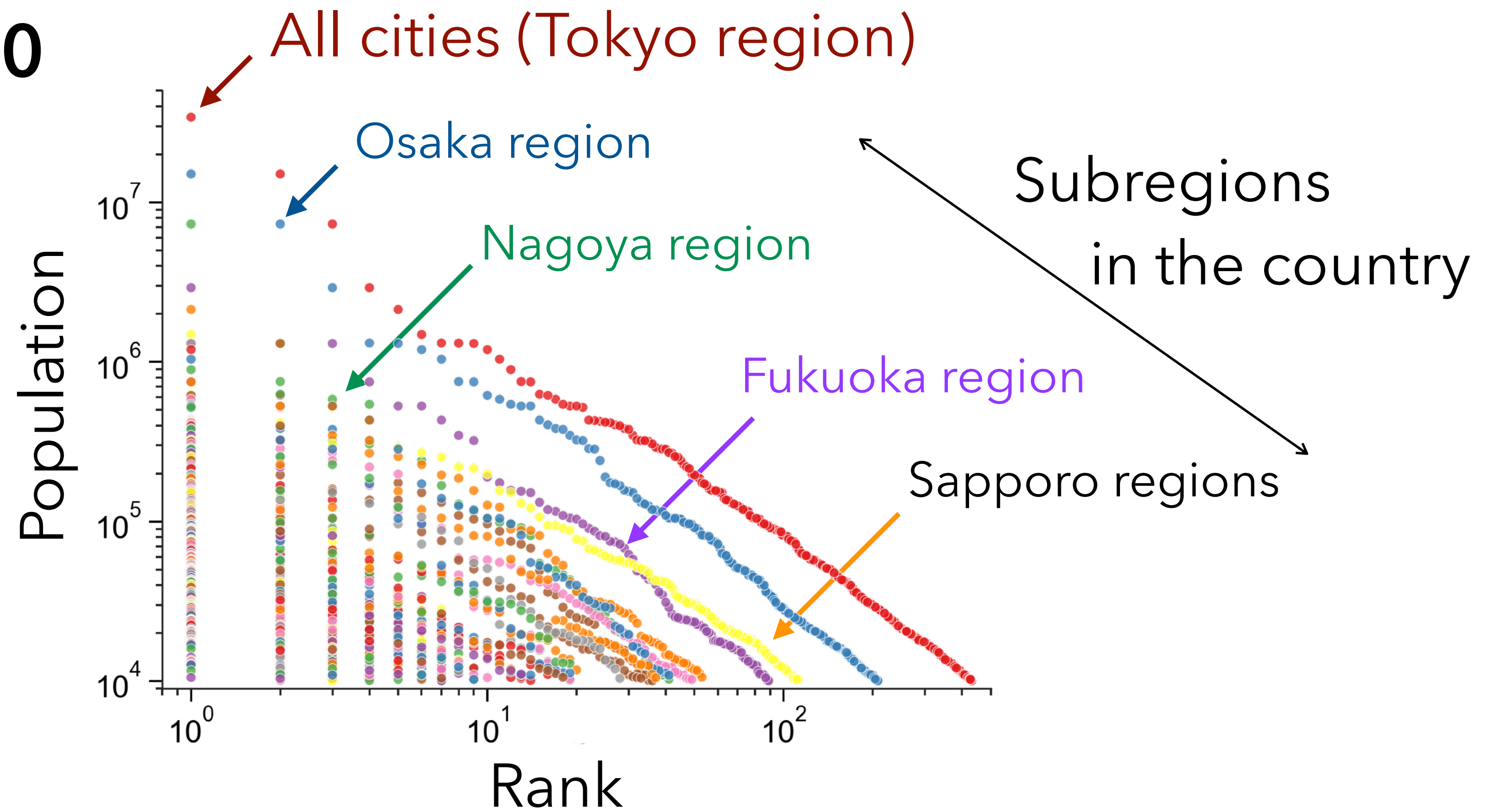
Nara (10th) / Matsuyama (20th) = 2.3

# Power law does not hold under jurisdictions



# Fractal structure with the power law across regional levels

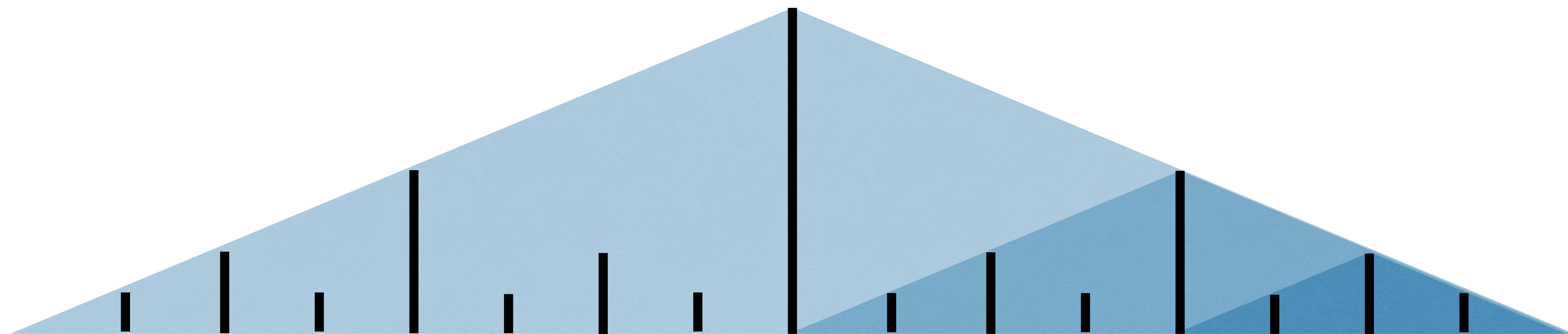
Year = 2020





# Spatial fractal structure of the city system

A region = A large city & the surrounding smaller cities

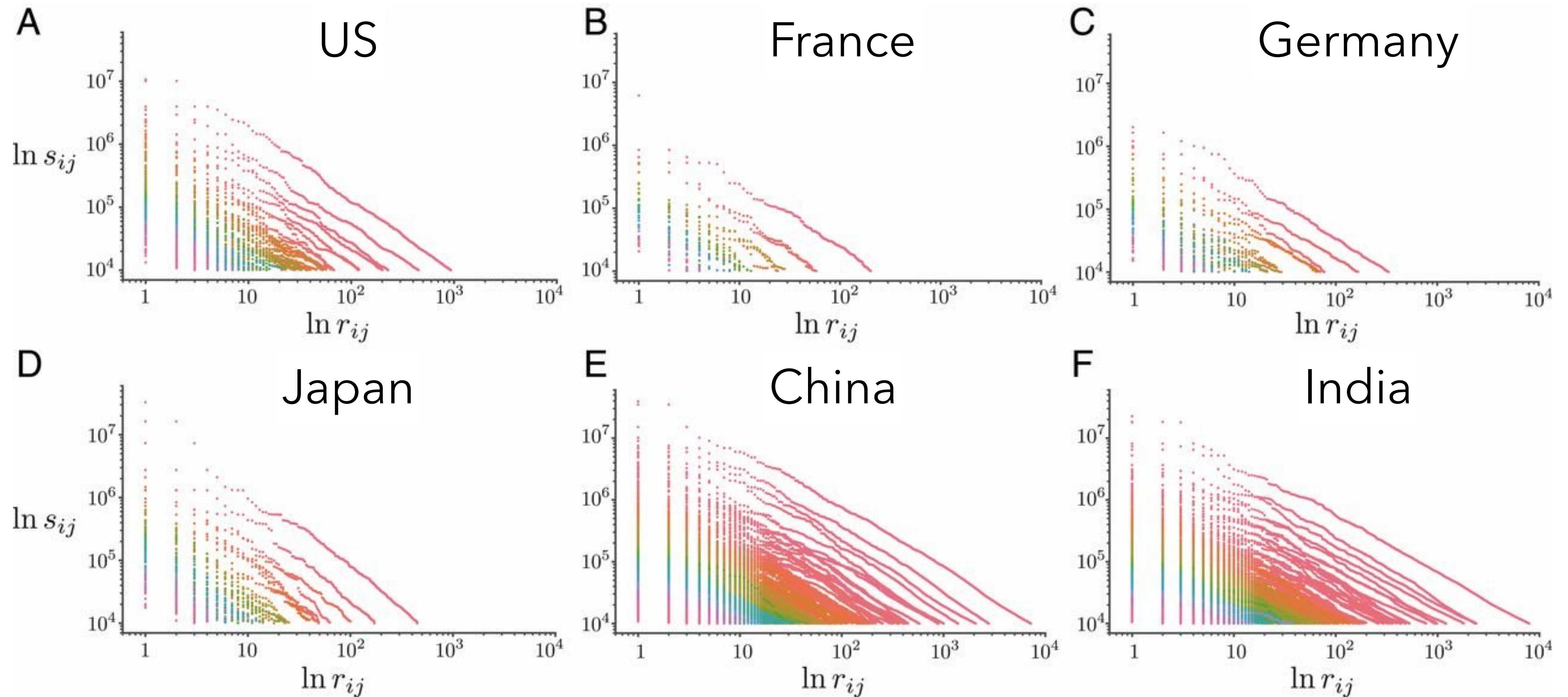


Similar and recursive structure



# A universal regularity

Year = 2015




(Mori, Smith & Hsu, 2020)

# Advantages of looking through the lens of cities

The regularity makes it easy to judge

- Reproducibility by theory of fact
- Consistency of predictions and theories





# **Reasons to consider reduction in distance friction**

# Decrease in distance frictions

## Past and future

### Changes in the past 50 years

- Development of bullet train and highway network  
(More than half of the population can meet face-to-face on a day trip.)
- Spread of the Internet and smartphones  
(Instantaneous data sharing and text dialogue, Video conferencing)

### Changes in the future

- Automated driving and logistics
- Virtual reality → Need for physical movement ↘



# **What do declining populations and distance frictions mean for regions?**

**Population of 30+ million: About the size of today's Tokyo metropolitan area**

- Will most of the population be concentrated in Tokyo?
- Will each region shrink at the same rate?

**A world where automated driving and virtual reality are the norm**

- Will there be no distinction between urban and rural ?
- Will the city become more powerful ?



# **Economic agglomeration theory that can reproduce order**

# Two "geographical advantages" that determine a city's population and location

## 2nd nature of geography: Economies of agglomeration

→ Form of distribution (similarity structure with power law)

## 1st nature of geography: Natural & historical conditions

→ Map location of distribution

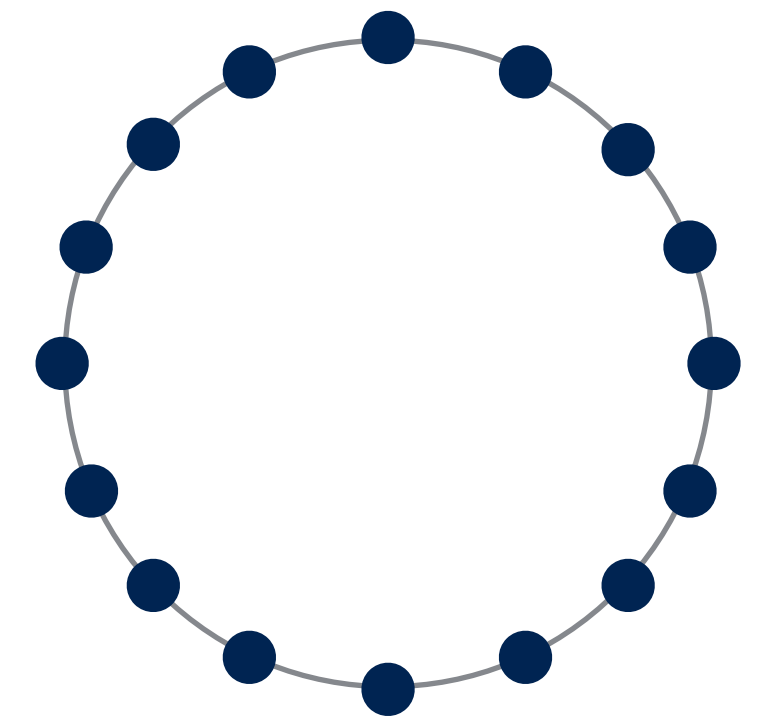
*Ex.* The largest city is located on the Kanto Plain, where there is a vast area of flat land.

# Reproduction of order through the theory of economic agglomeration

## Virtual economy

- Simplified economy, leaving only the essence
- Symmetrical land without 1st nature advantage of geography.
- Many industries with varying degree of agglomeration economies.

Virtual national land

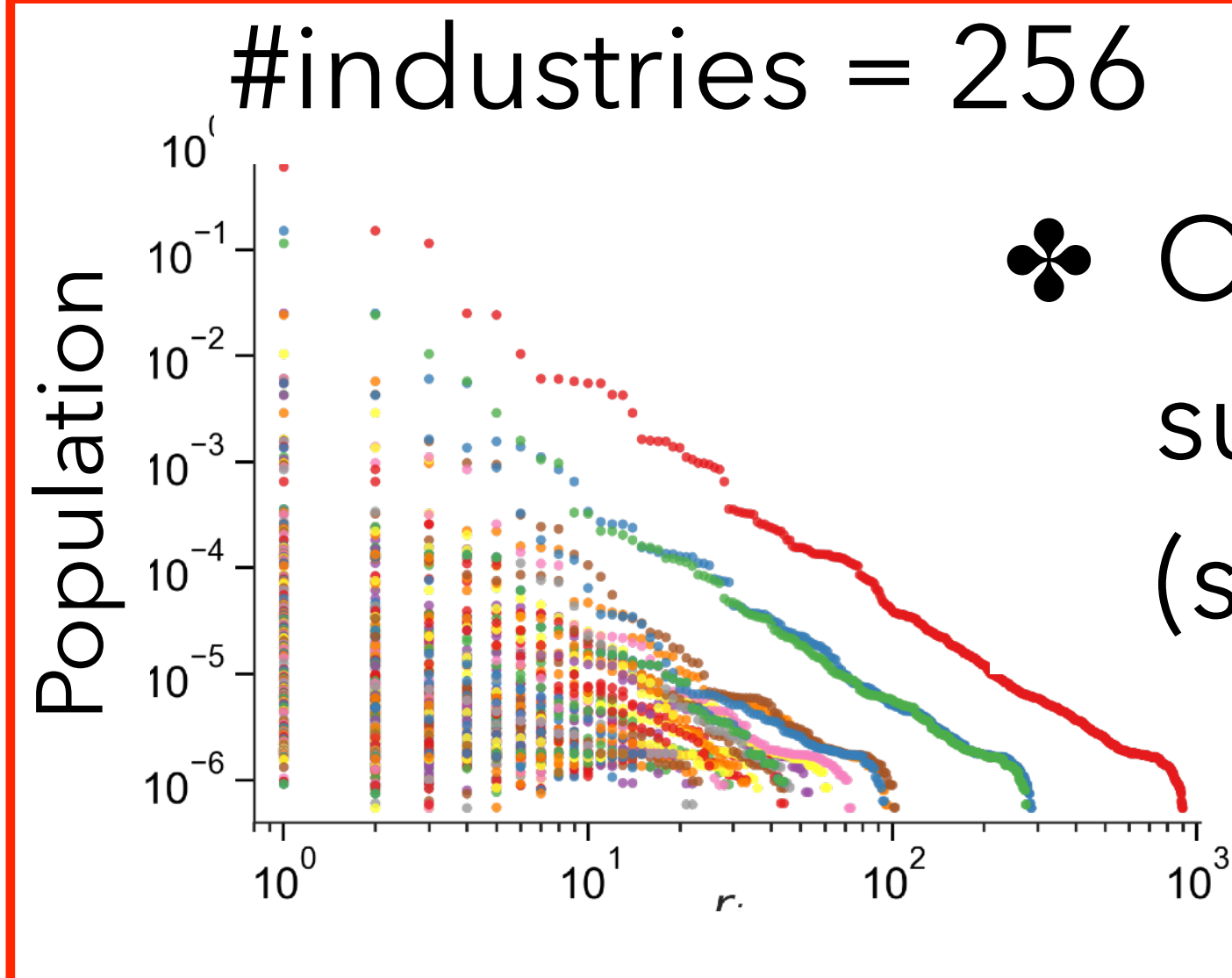
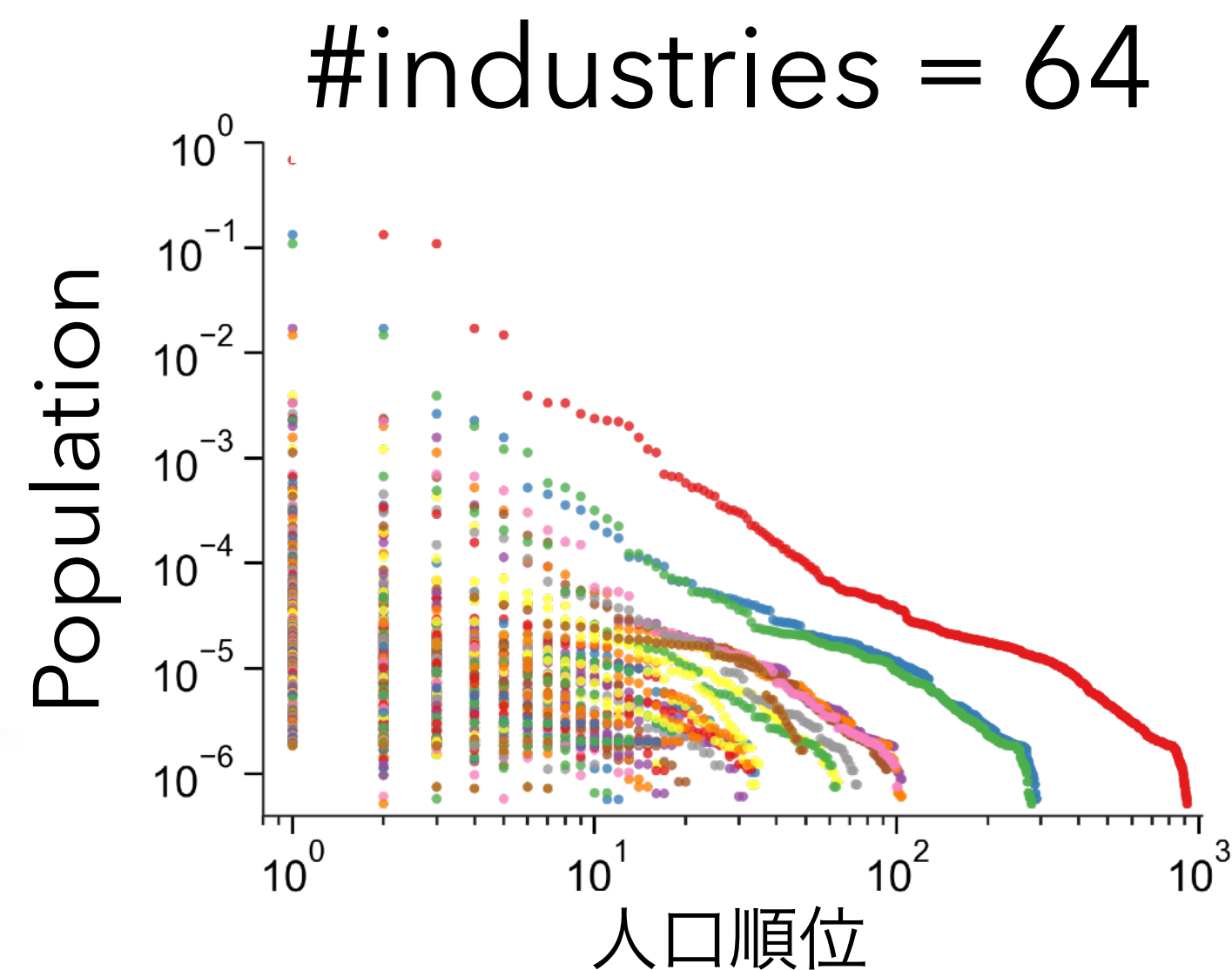
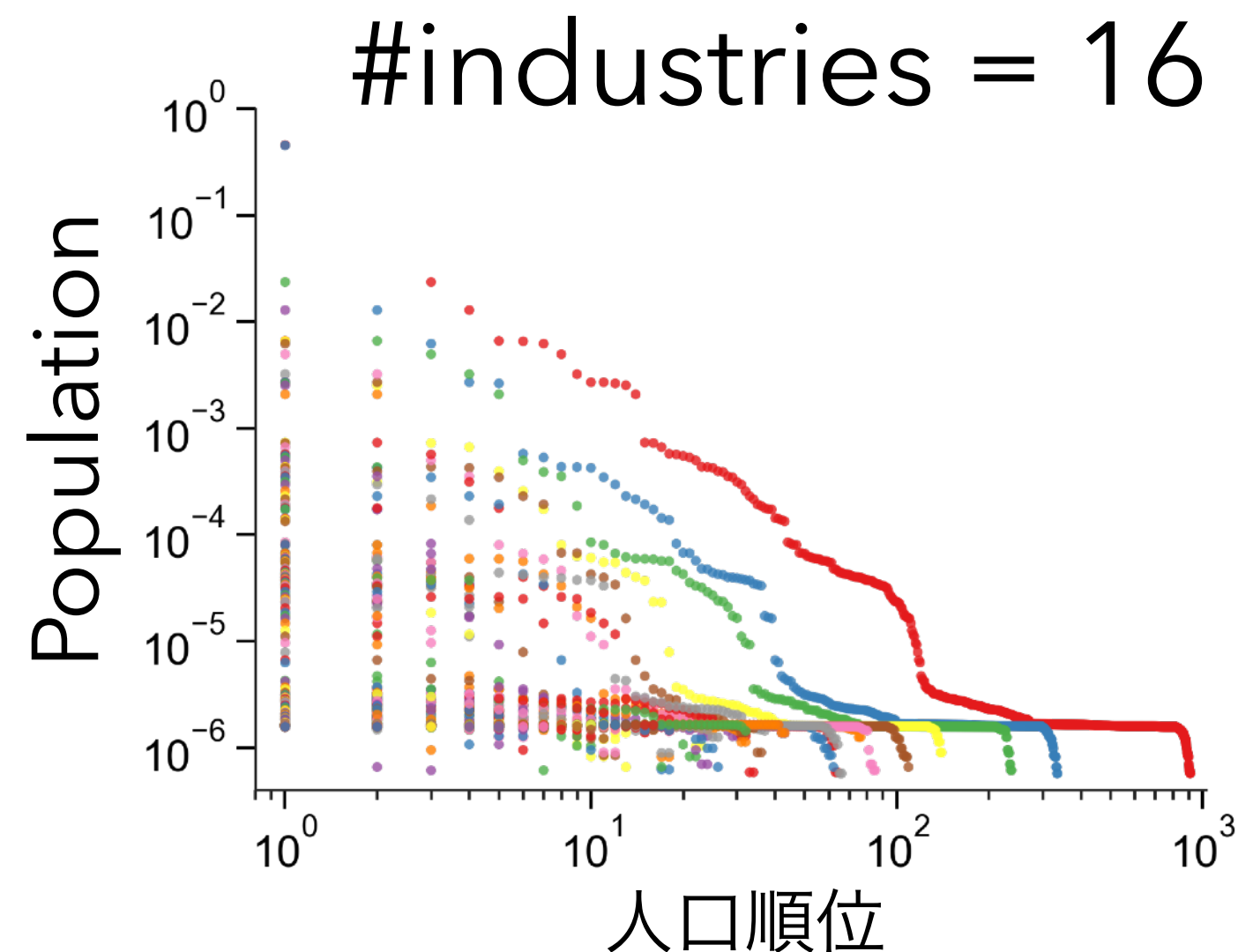
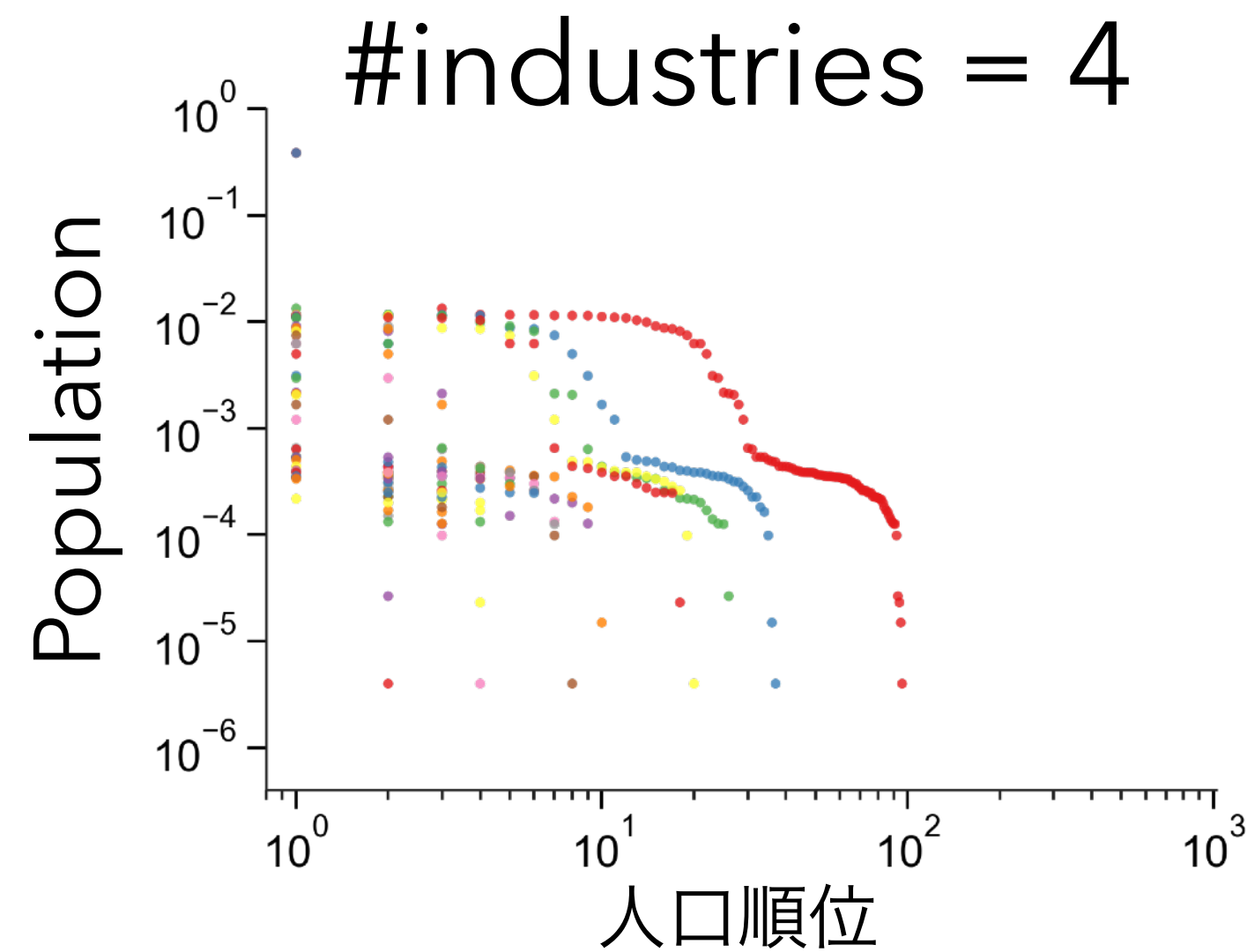


## Equilibrium

- Many households and firms make decisions to maximize their respective gains.
- Prices are determined so that supply and demand are balanced in all markets.



# Realized order in a virtual economy



❖ Order emerges under sufficiently diverse industries (scale economies)

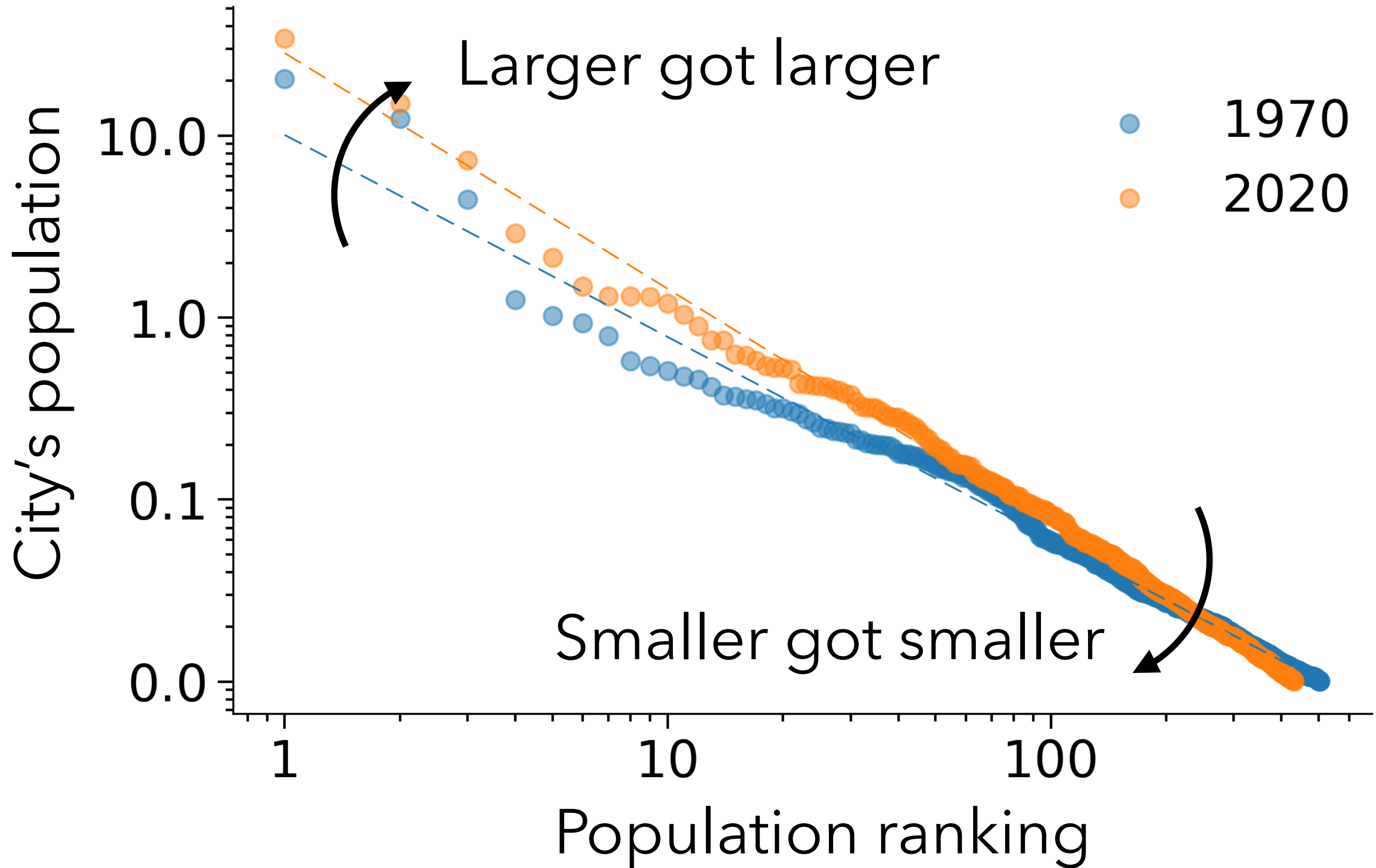


# **Reduction in distance friction and changes in urban agglomeration**

## **Facts and theory**

# Changes in the past 50 years – *Country level*

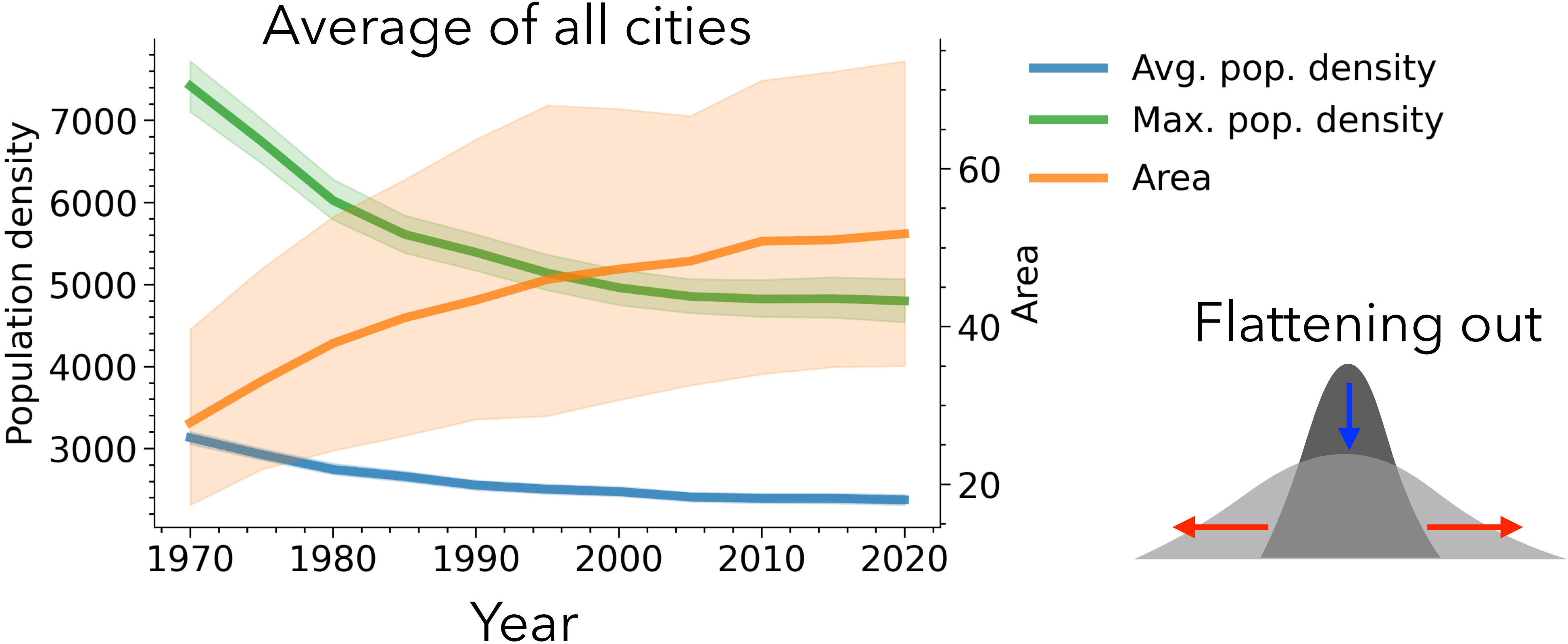
**“Concentration” at the country level**





# Changes in the past 50 years – *City level*

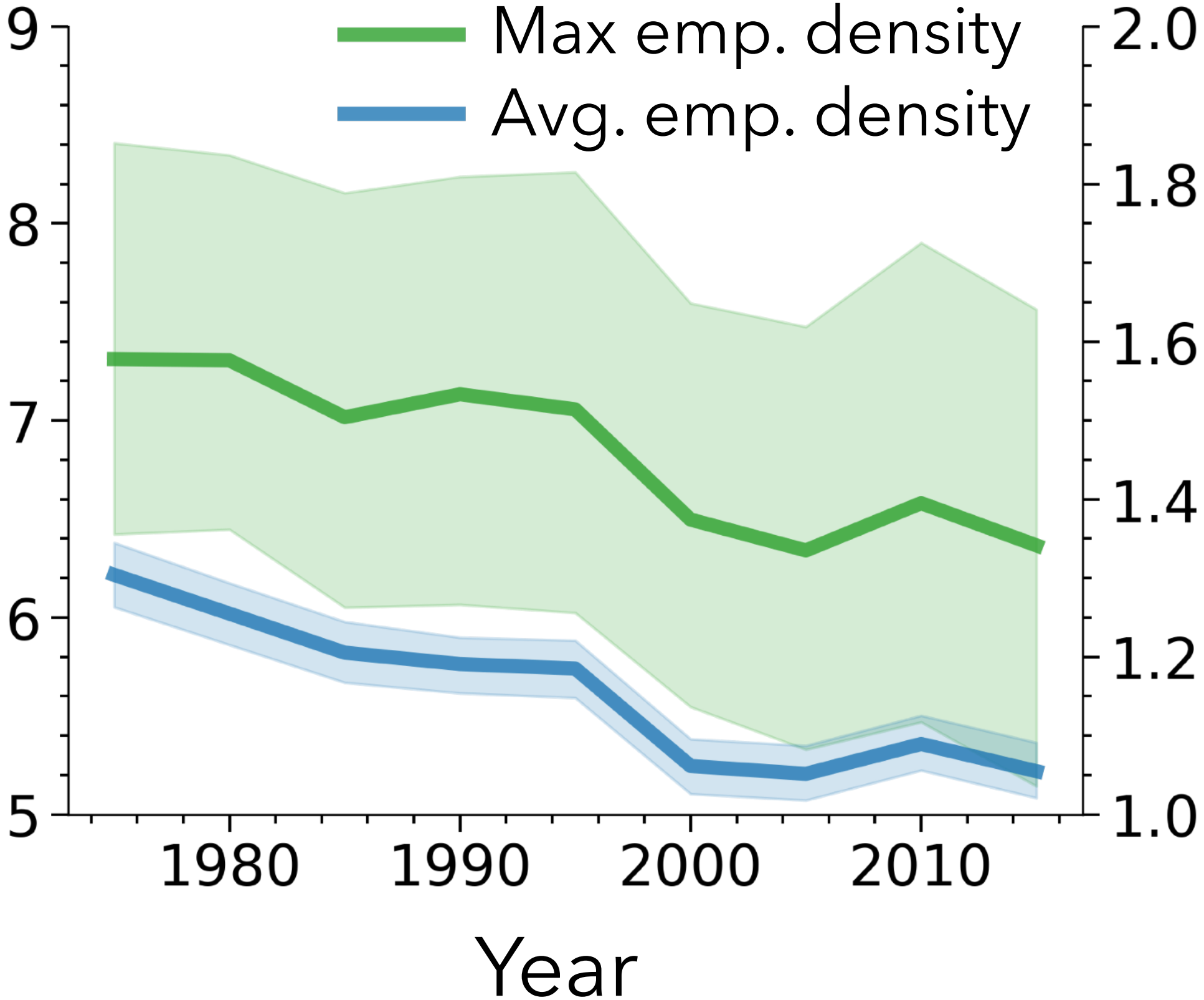
“Flattening” (or dispersion) at the city level



# Changes in the past 50 years – *City level*

## Flattening of the employment distribution

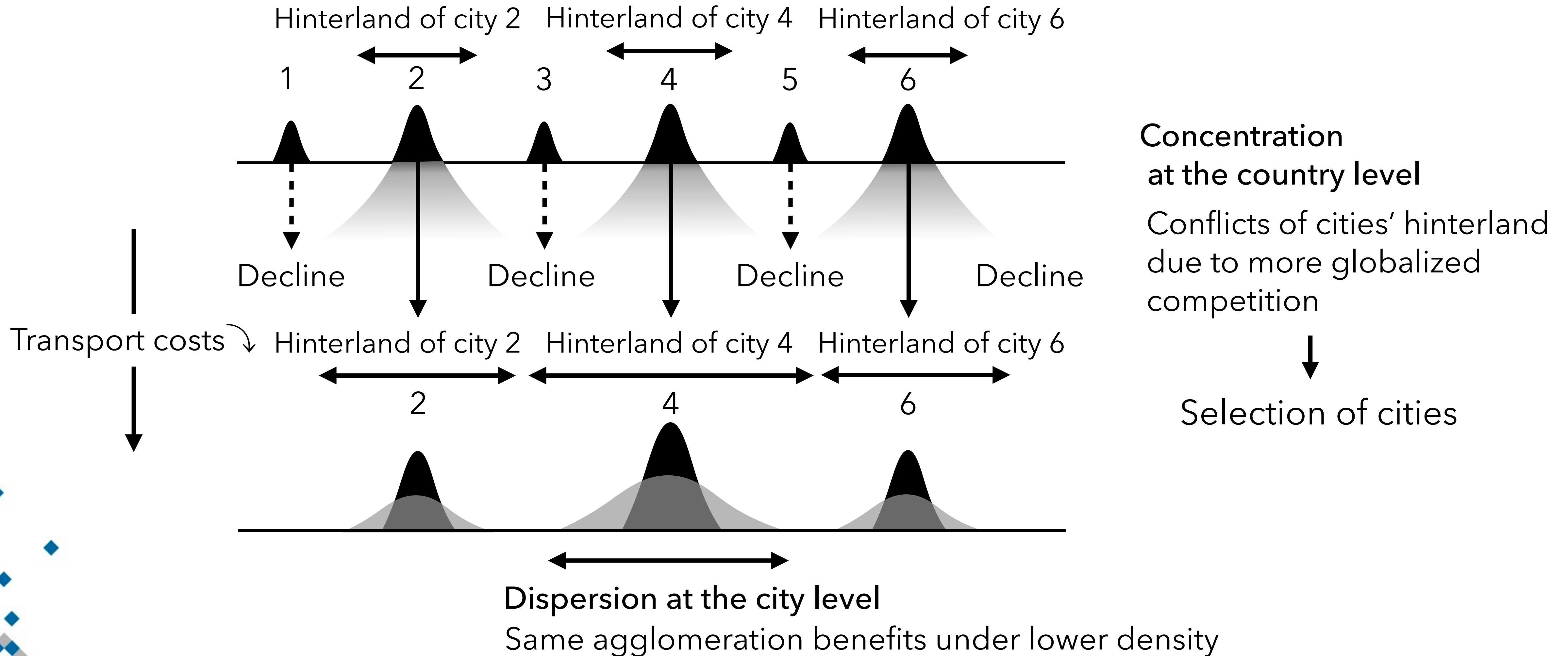
Max. emp. density  
(1000 persons/km<sup>2</sup>)



Avg. emp. density  
(1000 persons/km<sup>2</sup>)

# Theory behind the changes

Akamatsu, Mori, Osawa & Takayama (2023)







# **Sustainability of cities under declining population and diminishing distance frictions: The case of Japan**

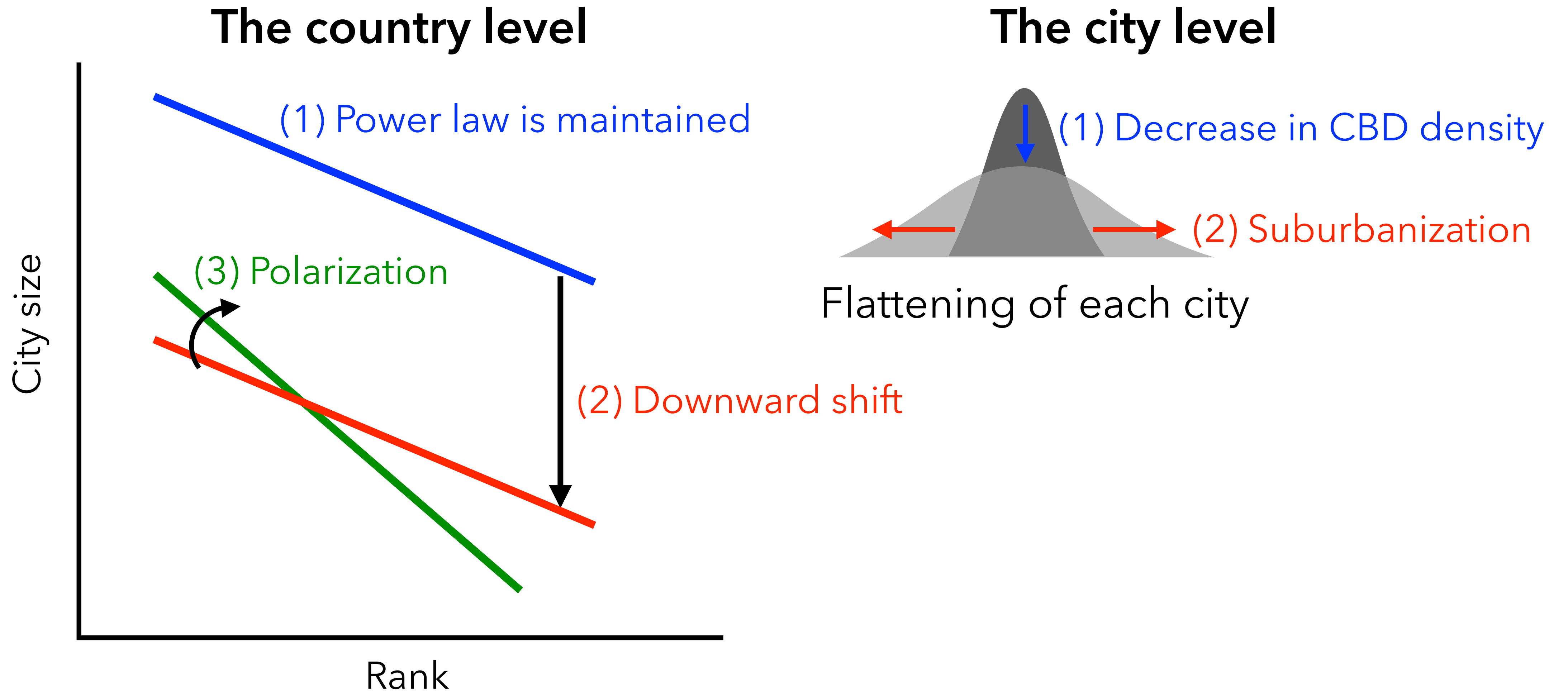
*In progress*

Tomoya Mori, *Kyoto University*

Daisuke Murakami, *Institute of Statistical Mathematics*



# Theoretical predictions consistent with the past changes



# A “reduced form” statistical forecasting model

## *Country level*

- Official projection of total population
- Extrapolated trend of urbanization
- Extrapolated trend of the skewness of city-size distribution

*City level* – 4 city-specific times series models

*Grid level* – 4 grid-specific times series models & their spatial version

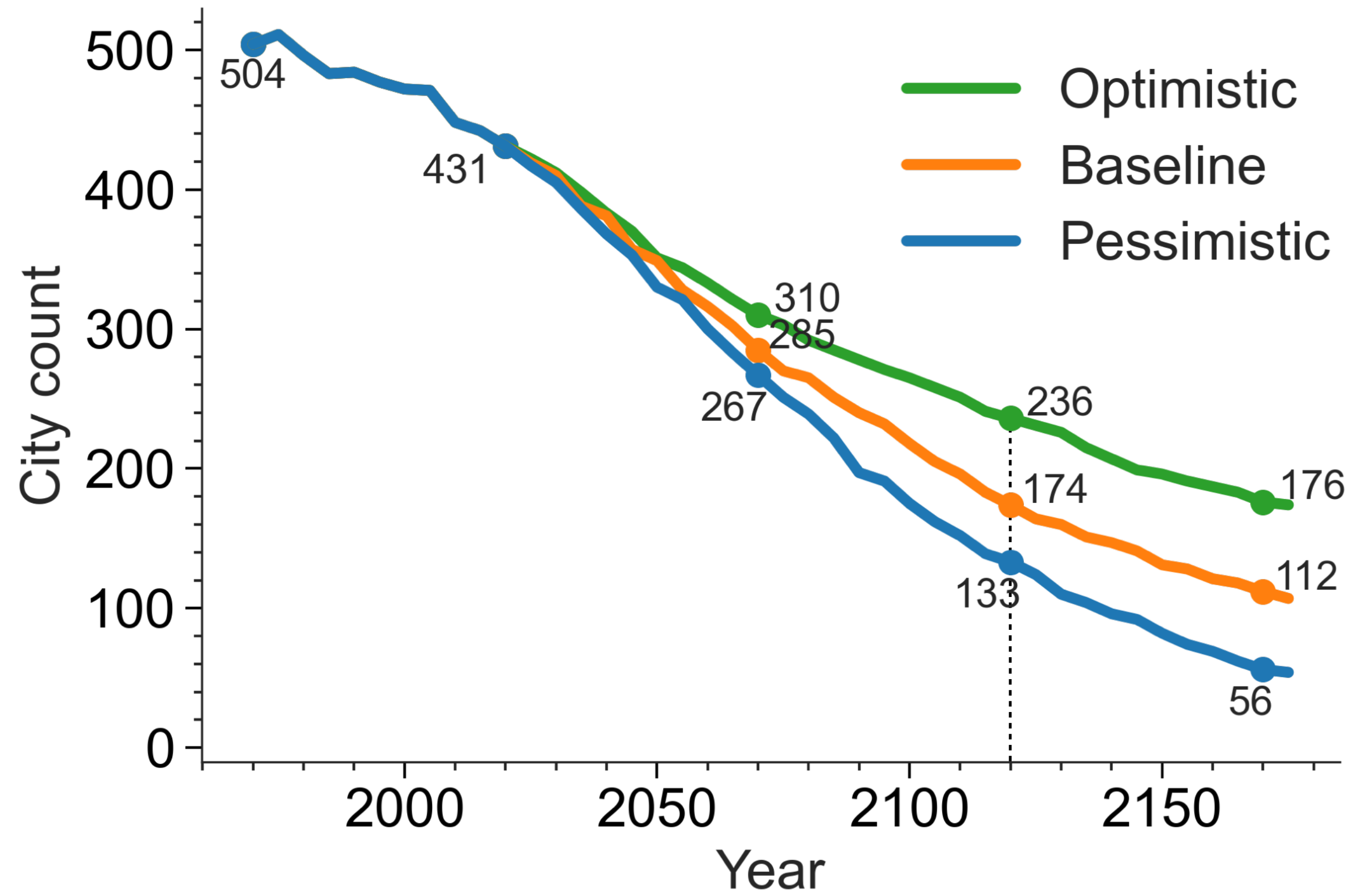
♣ Endogenous births, deaths, mergers and splits of cities

*Learning data:* 1970–2020

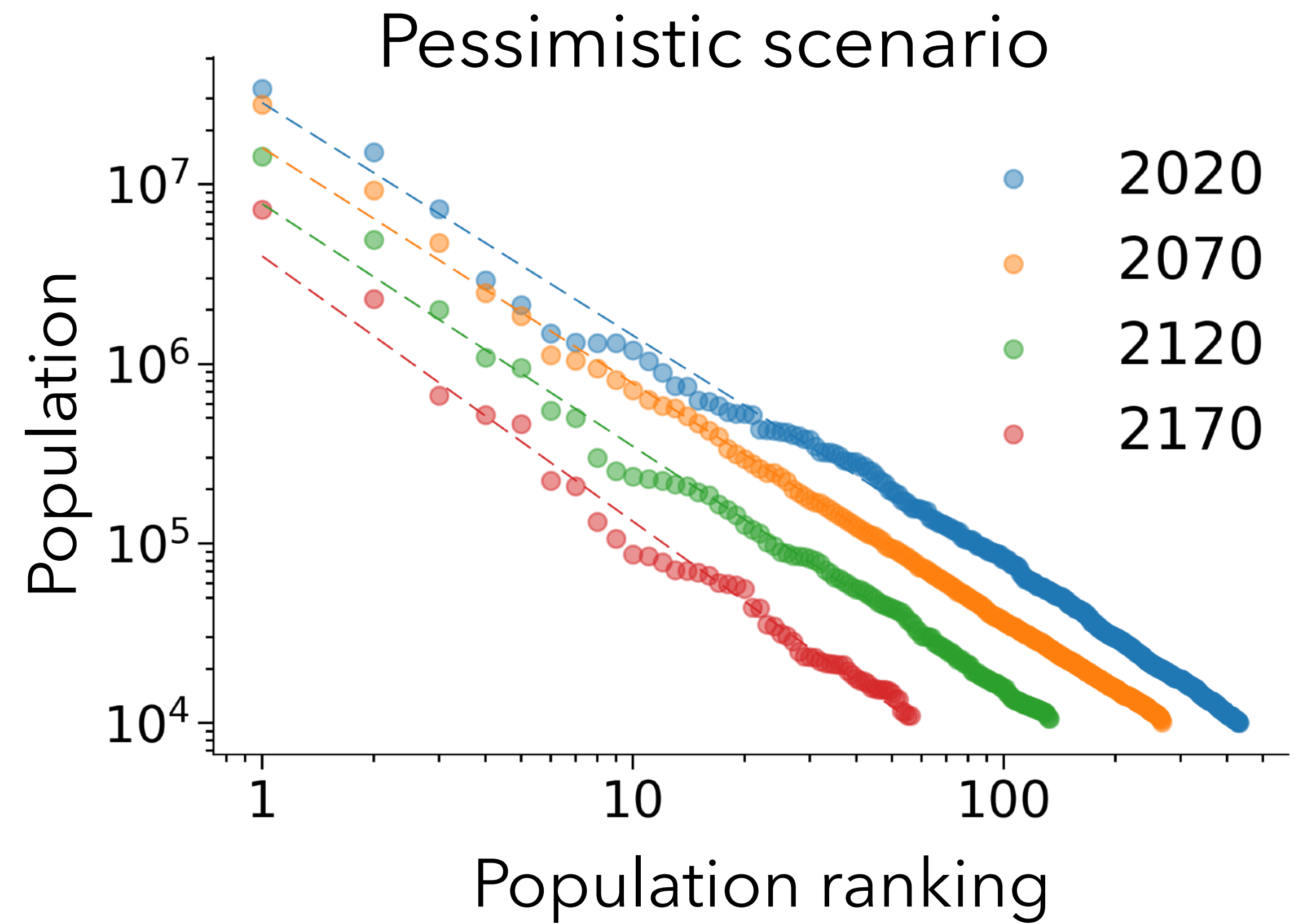
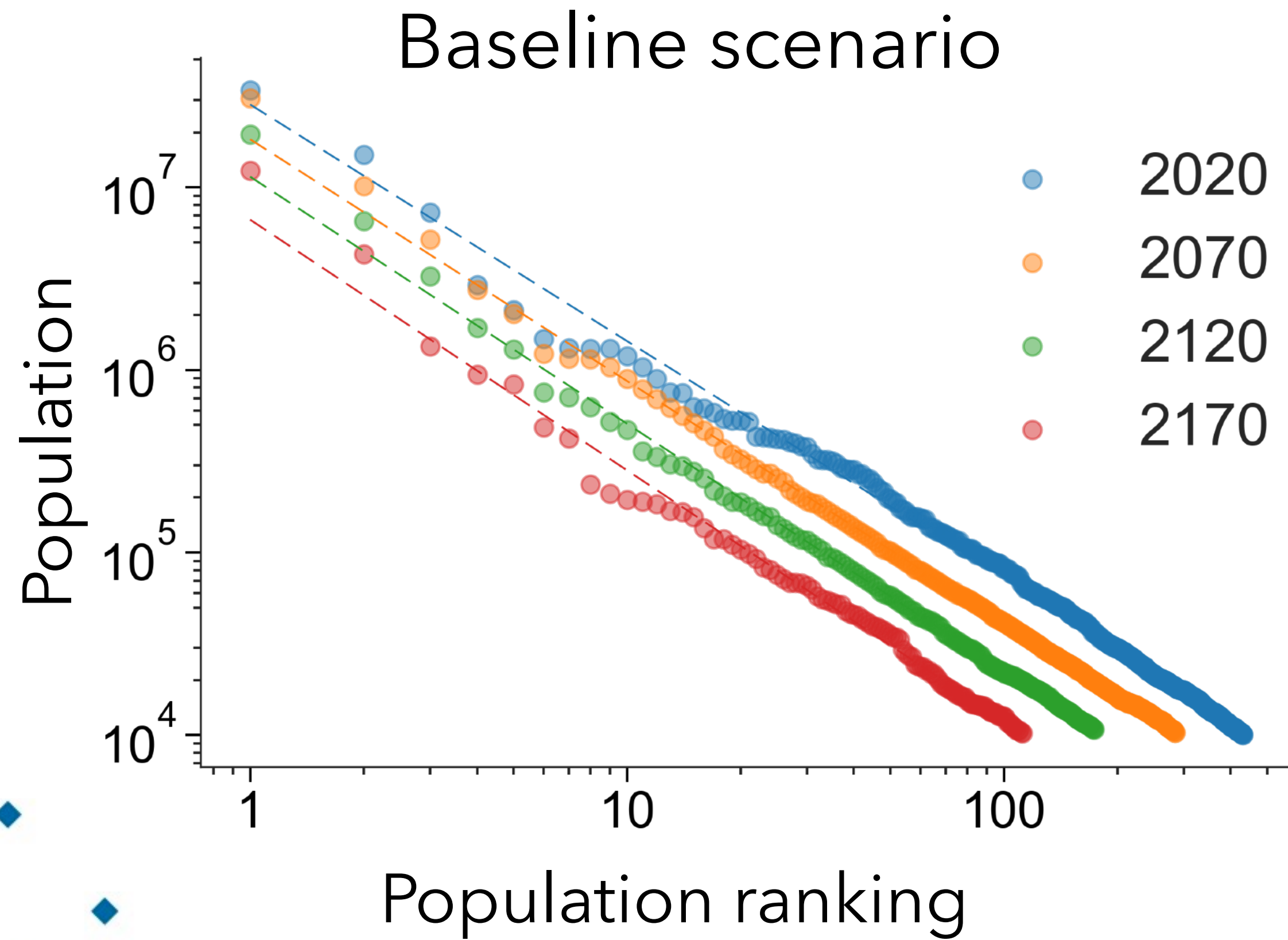


# Forecasting city growth and decline

# Predicted city counts



# Predicted city-size distributions



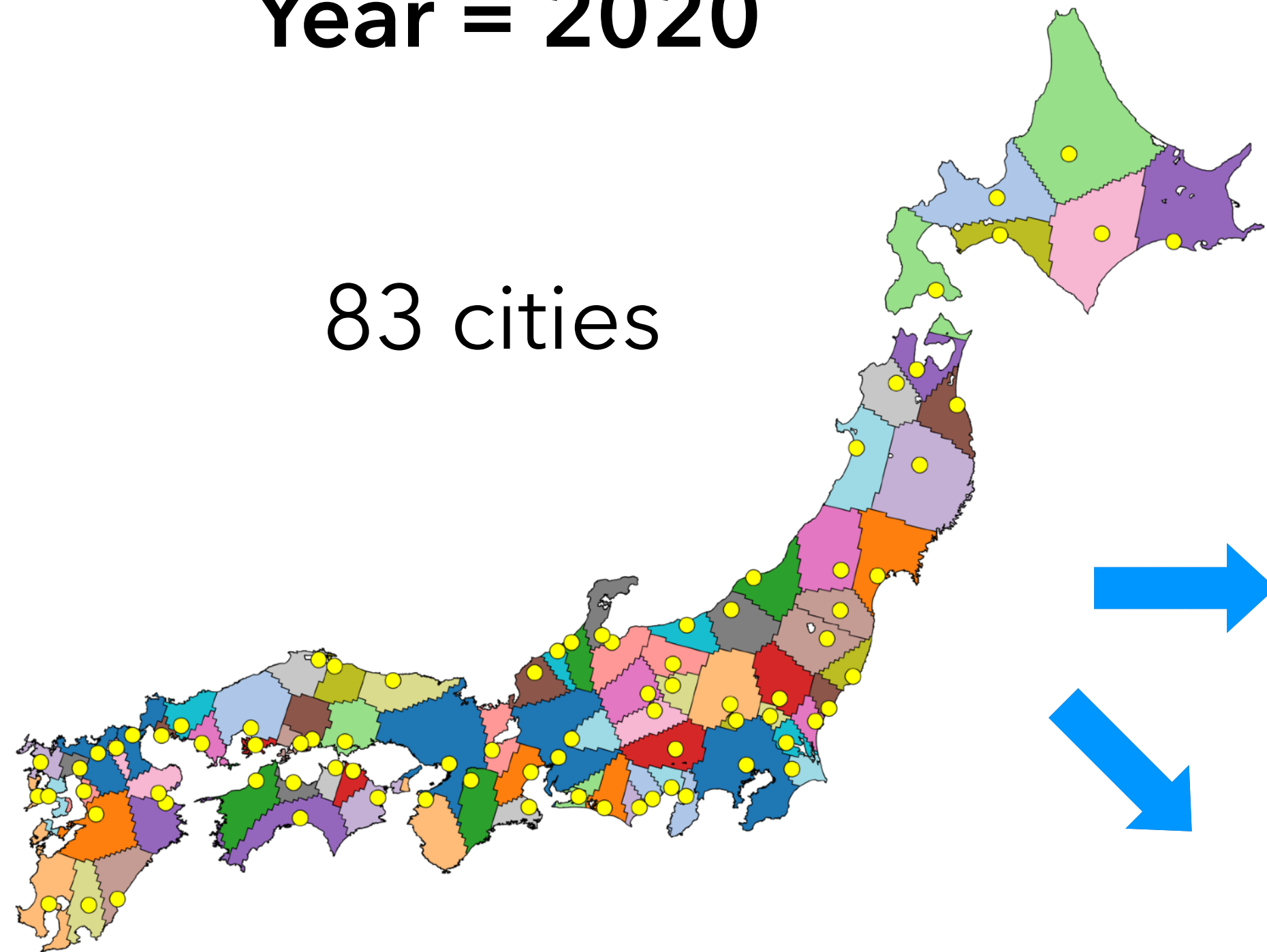


# Polarization at the country level

100k cities

Year = 2020

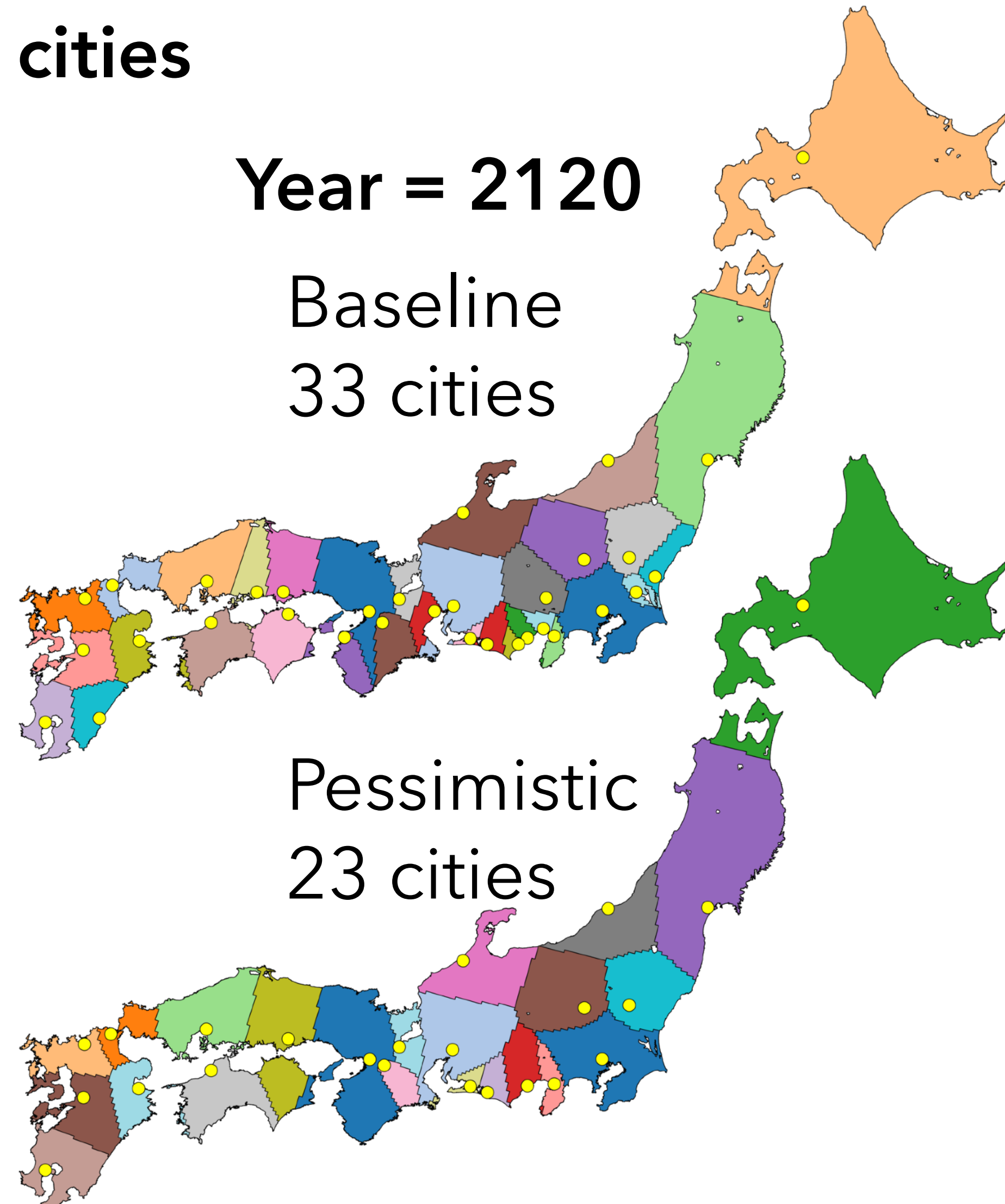
83 cities



Year = 2120

Baseline  
33 cities

Pessimistic  
23 cities

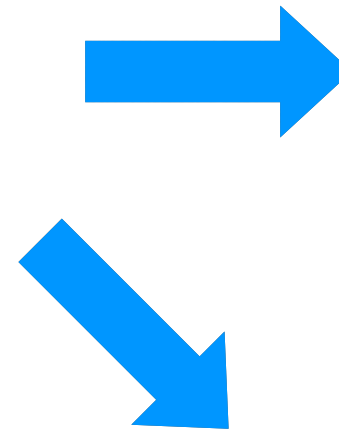
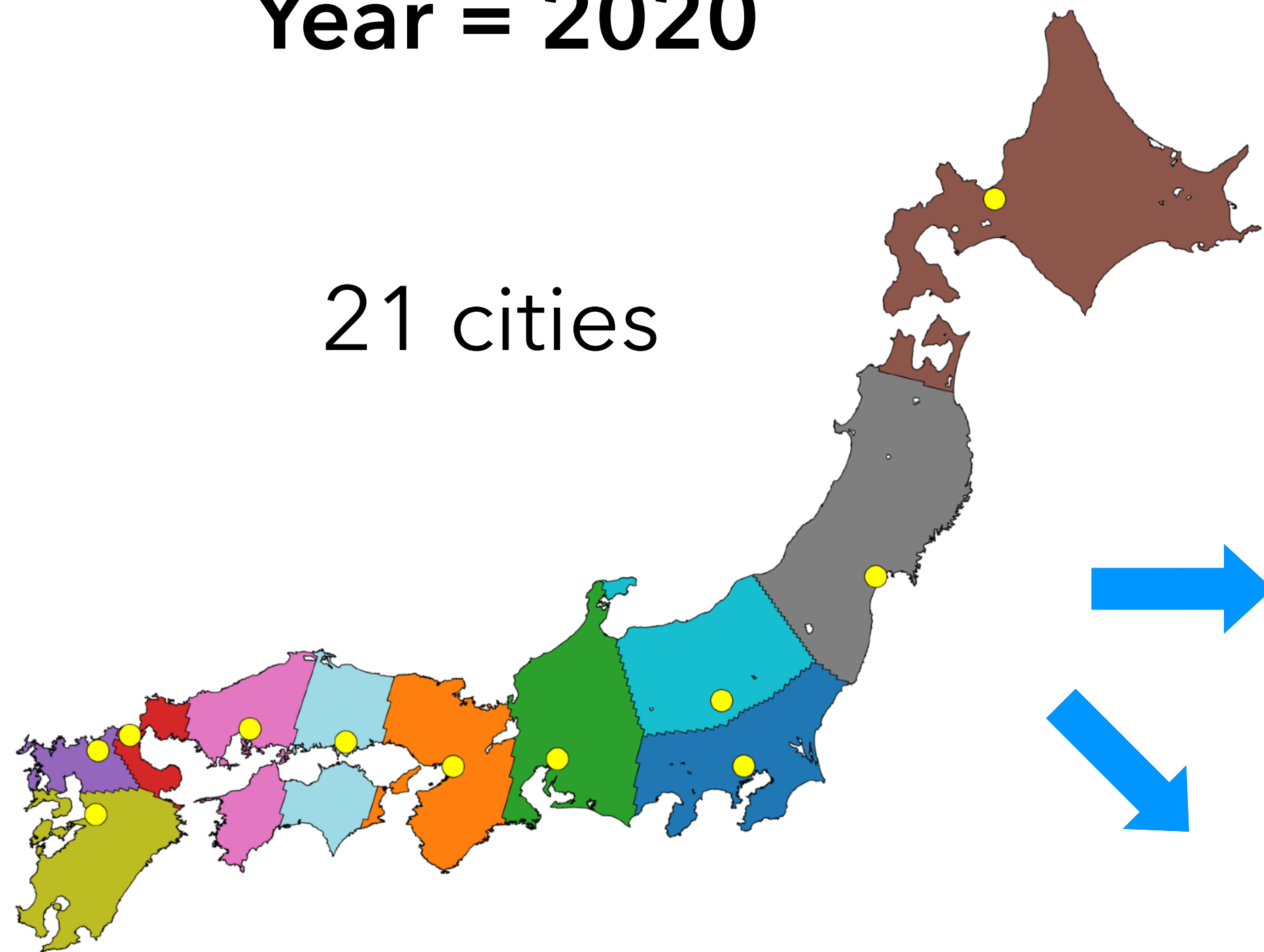


# Polarization at the country level

500k cities

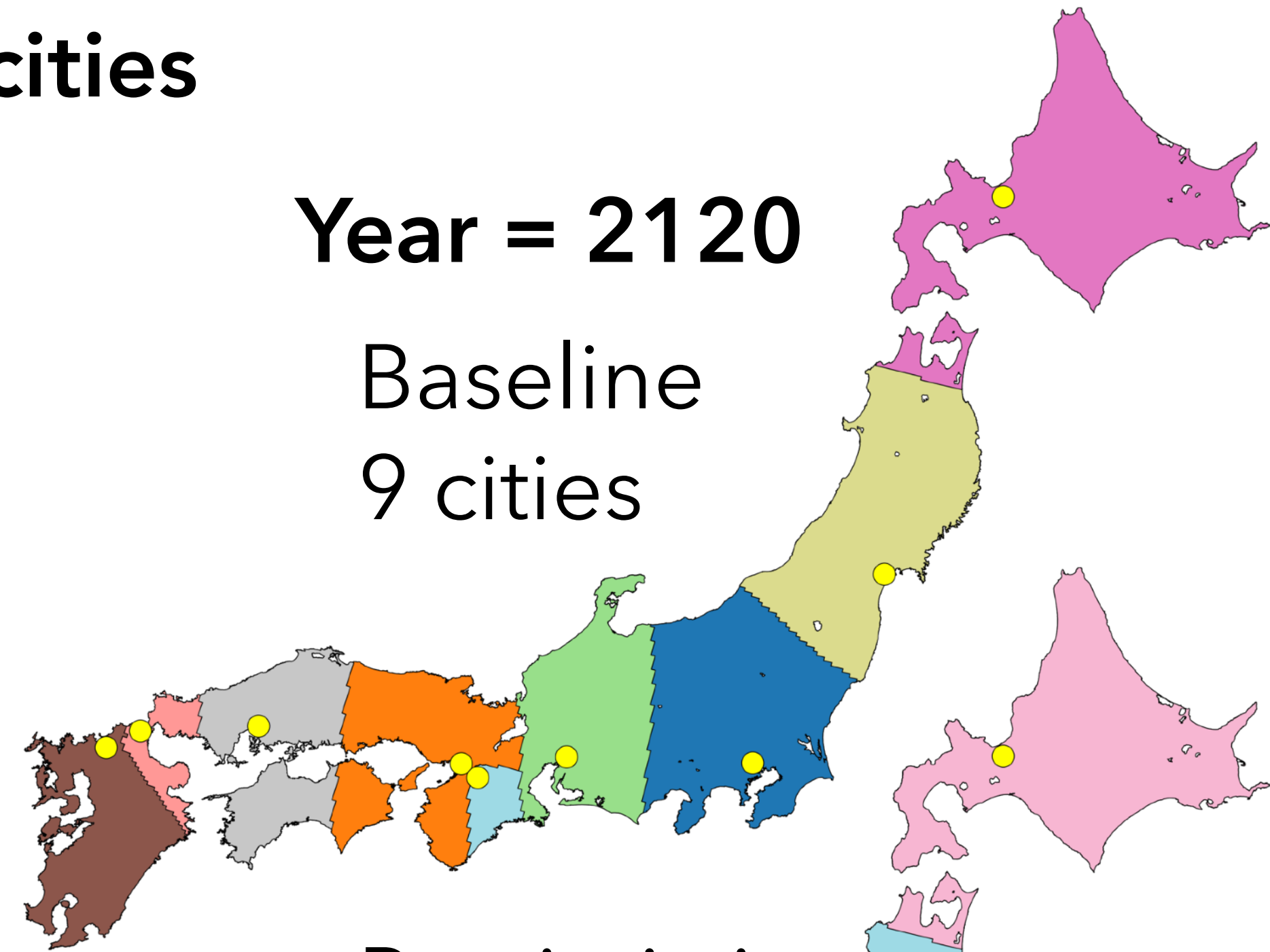
Year = 2020

21 cities



Year = 2120

Baseline  
9 cities



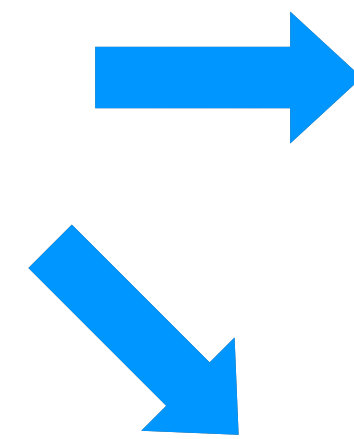
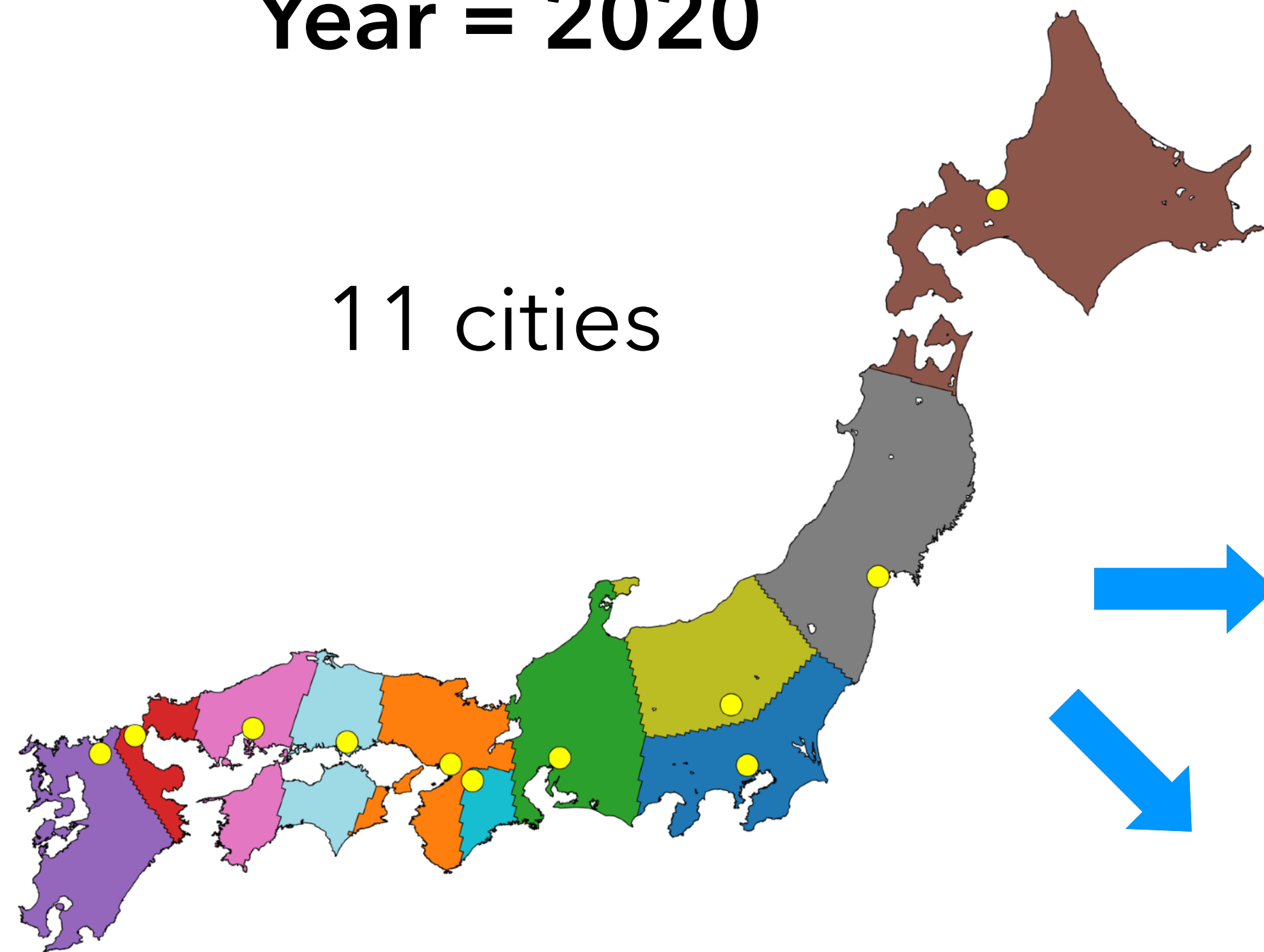
Pessimistic  
7 cities



# Polarization at the country level

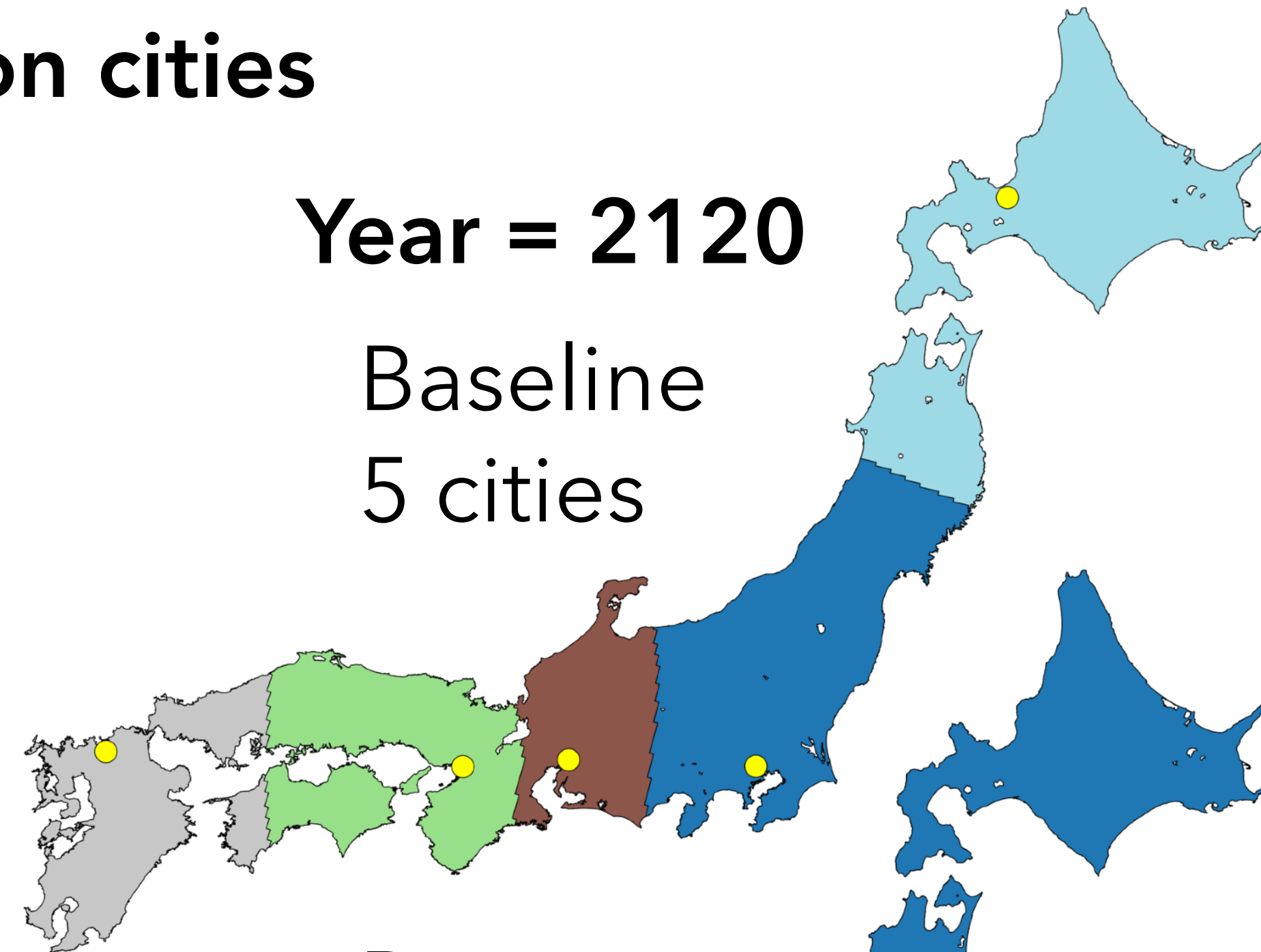
1 million cities

Year = 2020

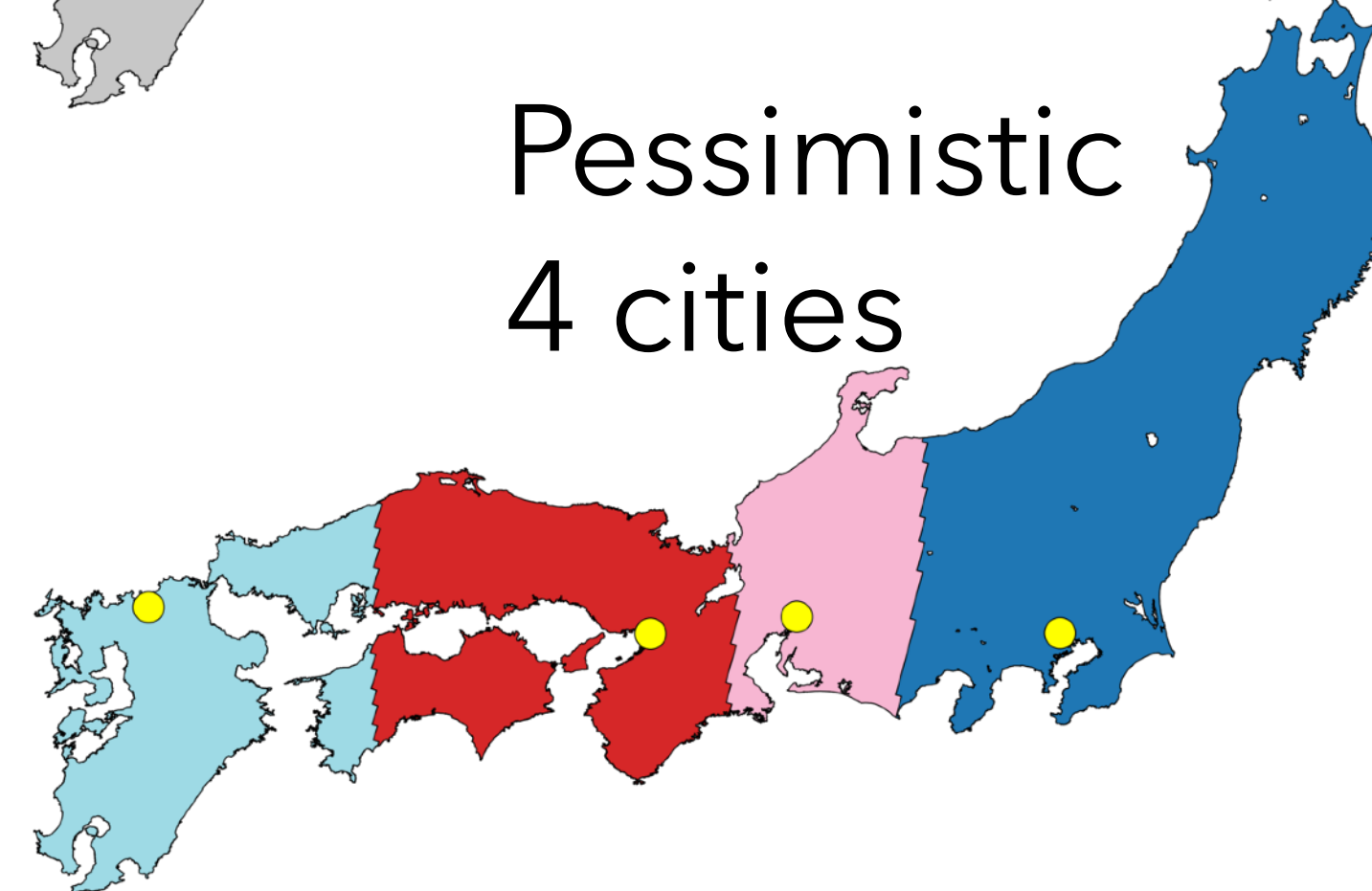


Year = 2120

Baseline  
5 cities



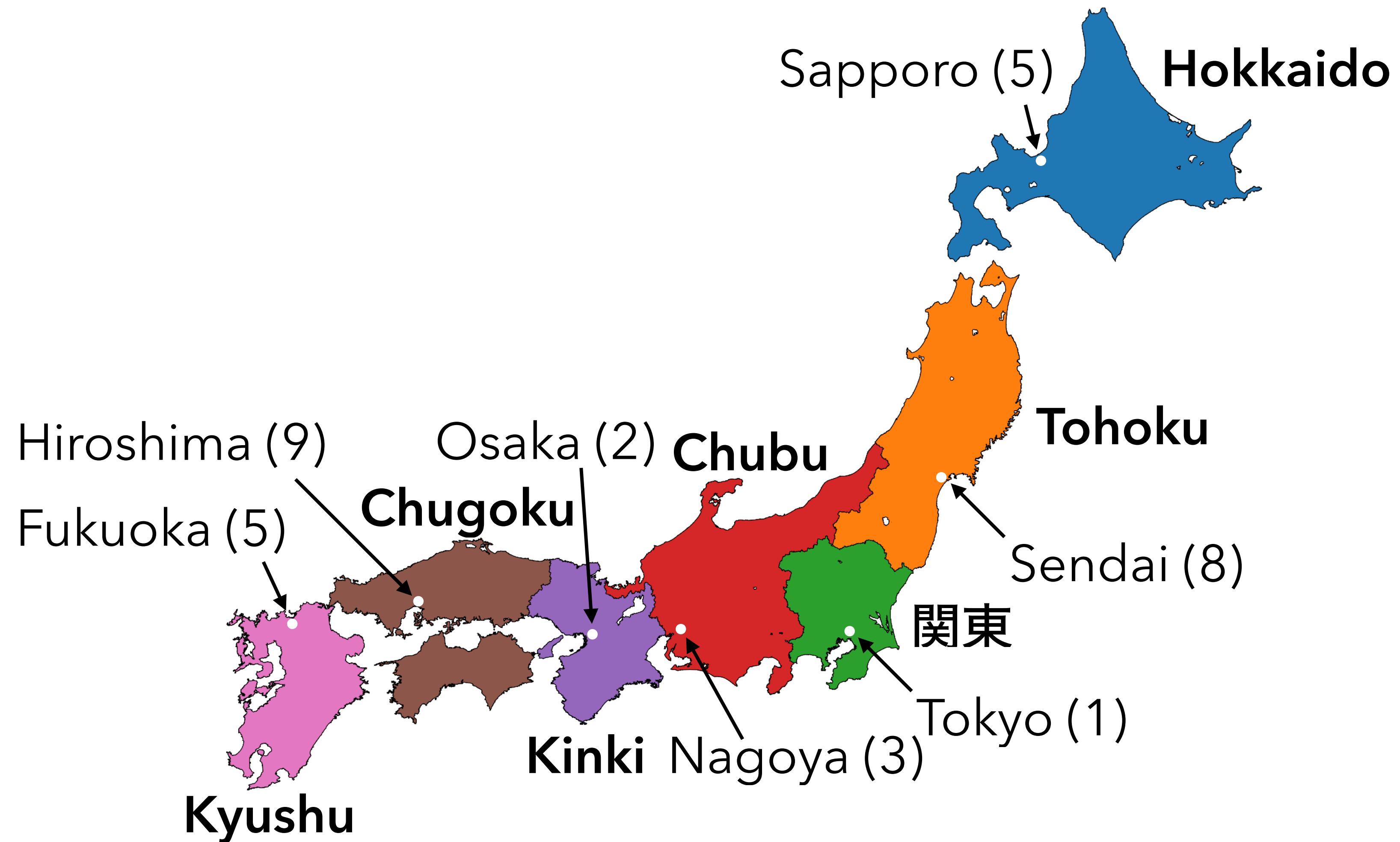
Pessimistic  
4 cities





# Polarization at the country level

## Traditional 7 regional divisions

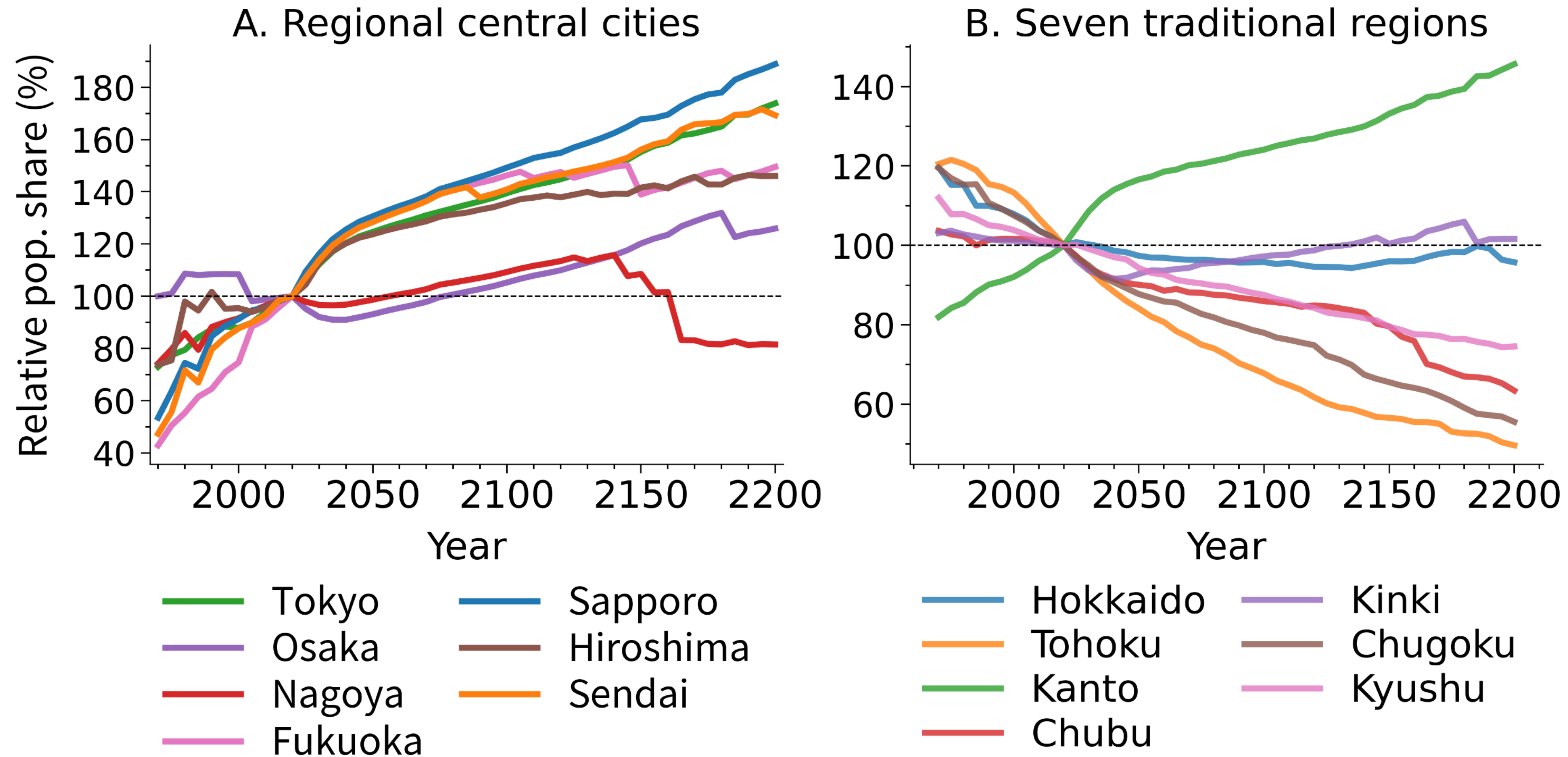


(Population rankings in parentheses)



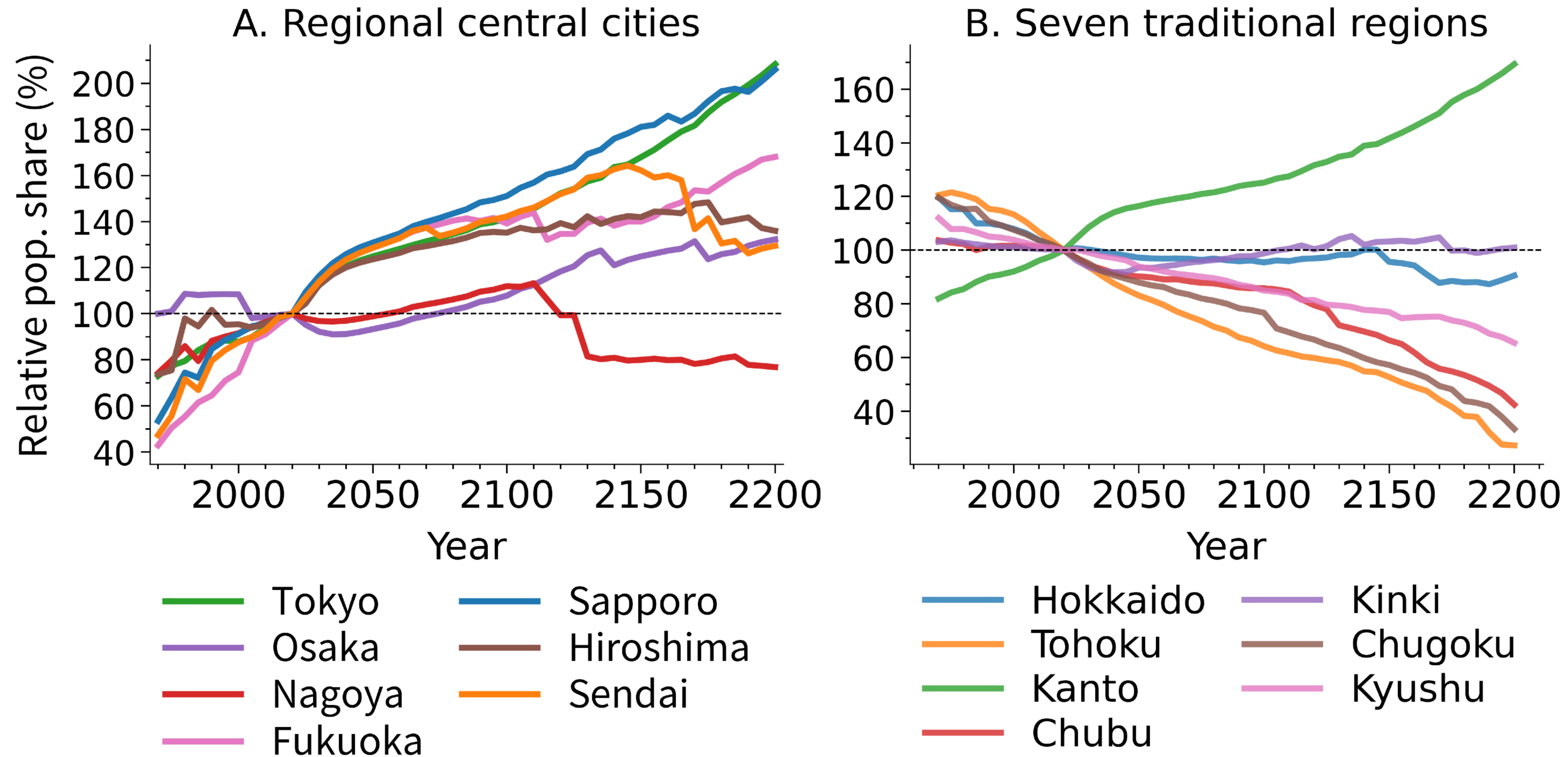
# Polarization at the country level

## Population concentration in 7 regional divisions (**baseline**)



# Polarization at the country level

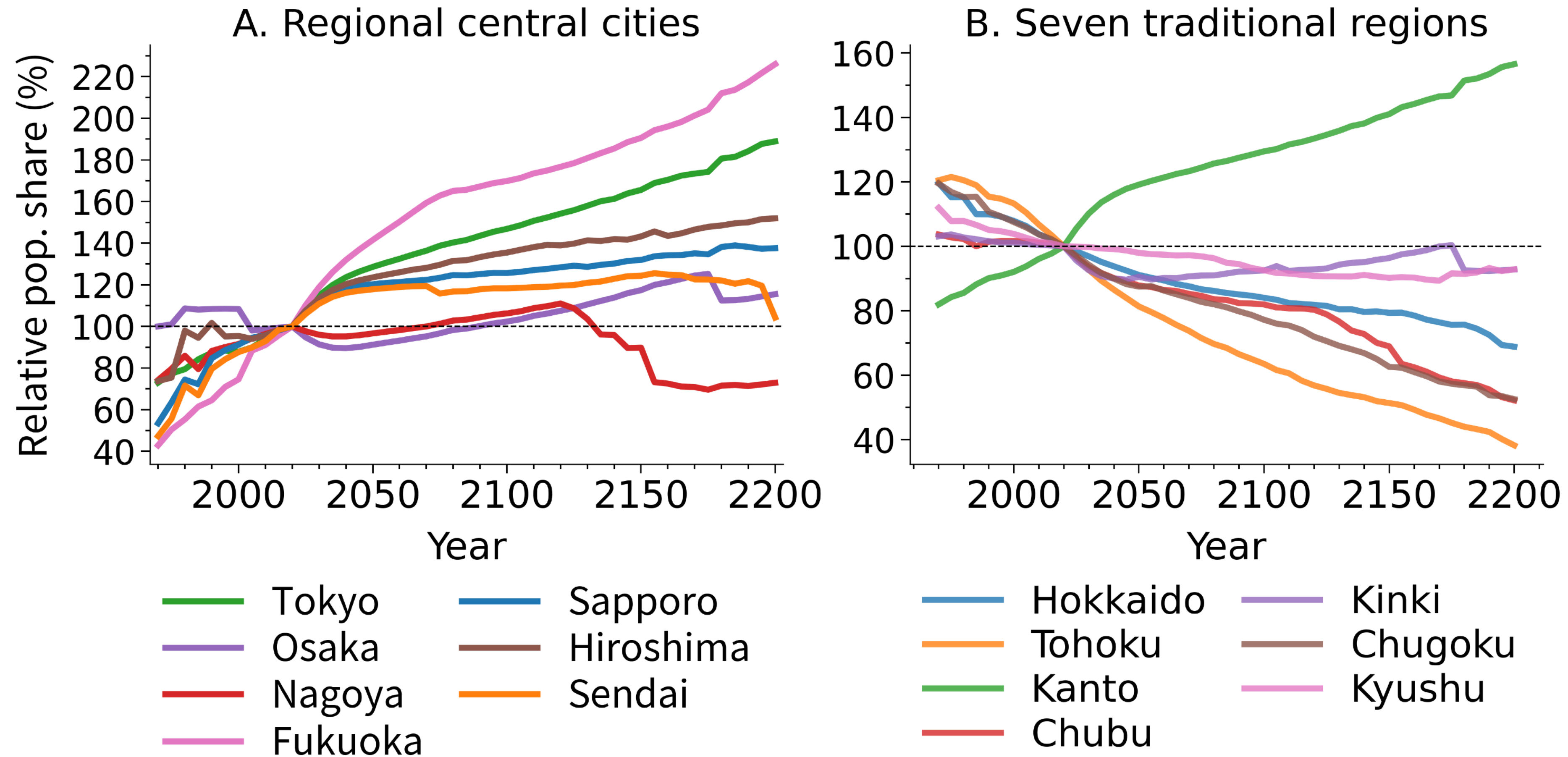
Population concentration in 7 regional divisions (**pessimistic**).





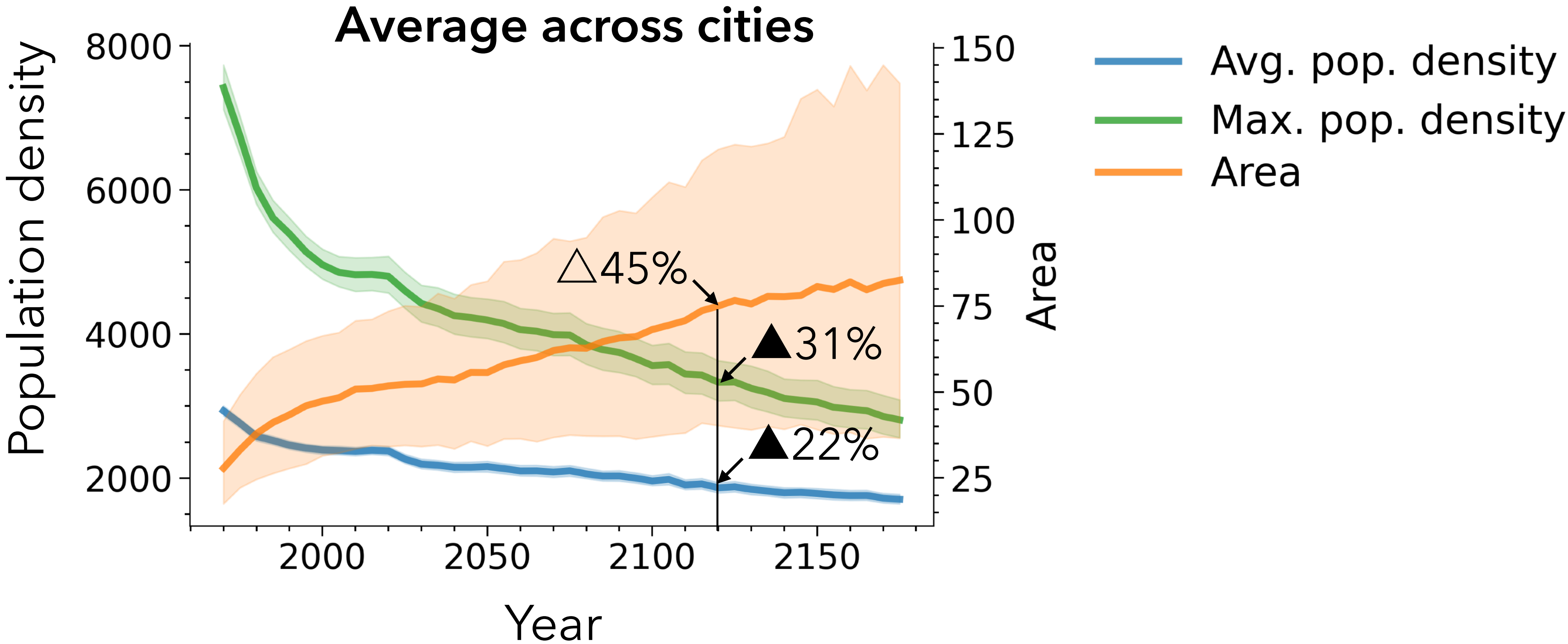
# Polarization at the country level

Population concentration in 7 regional divisions (2020 weight).



# Predicted flattening of individual cities

Baseline scenario



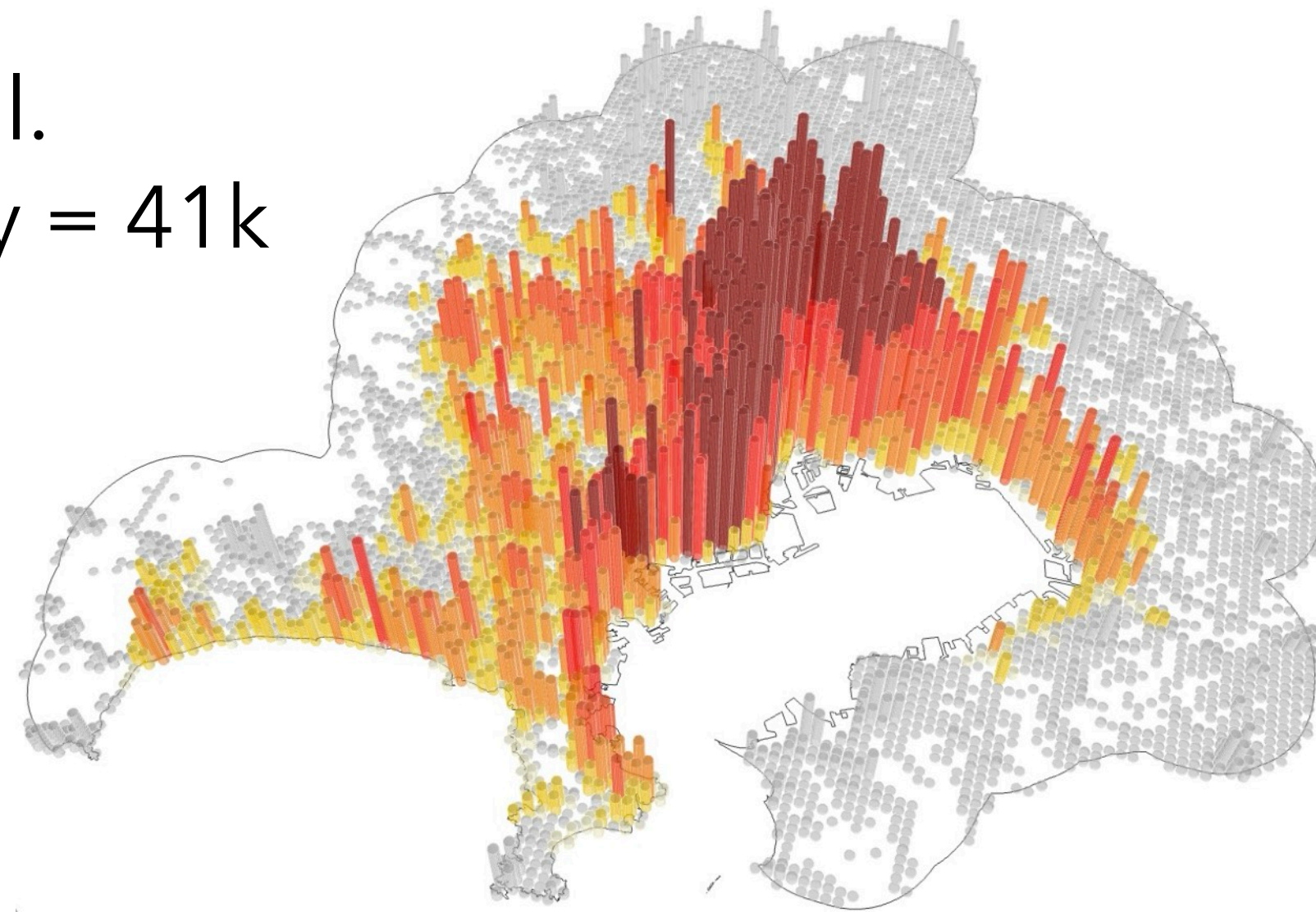


# Flattening of large cities – Tokyo (largest)

**1970**

Pop = 21 mil.

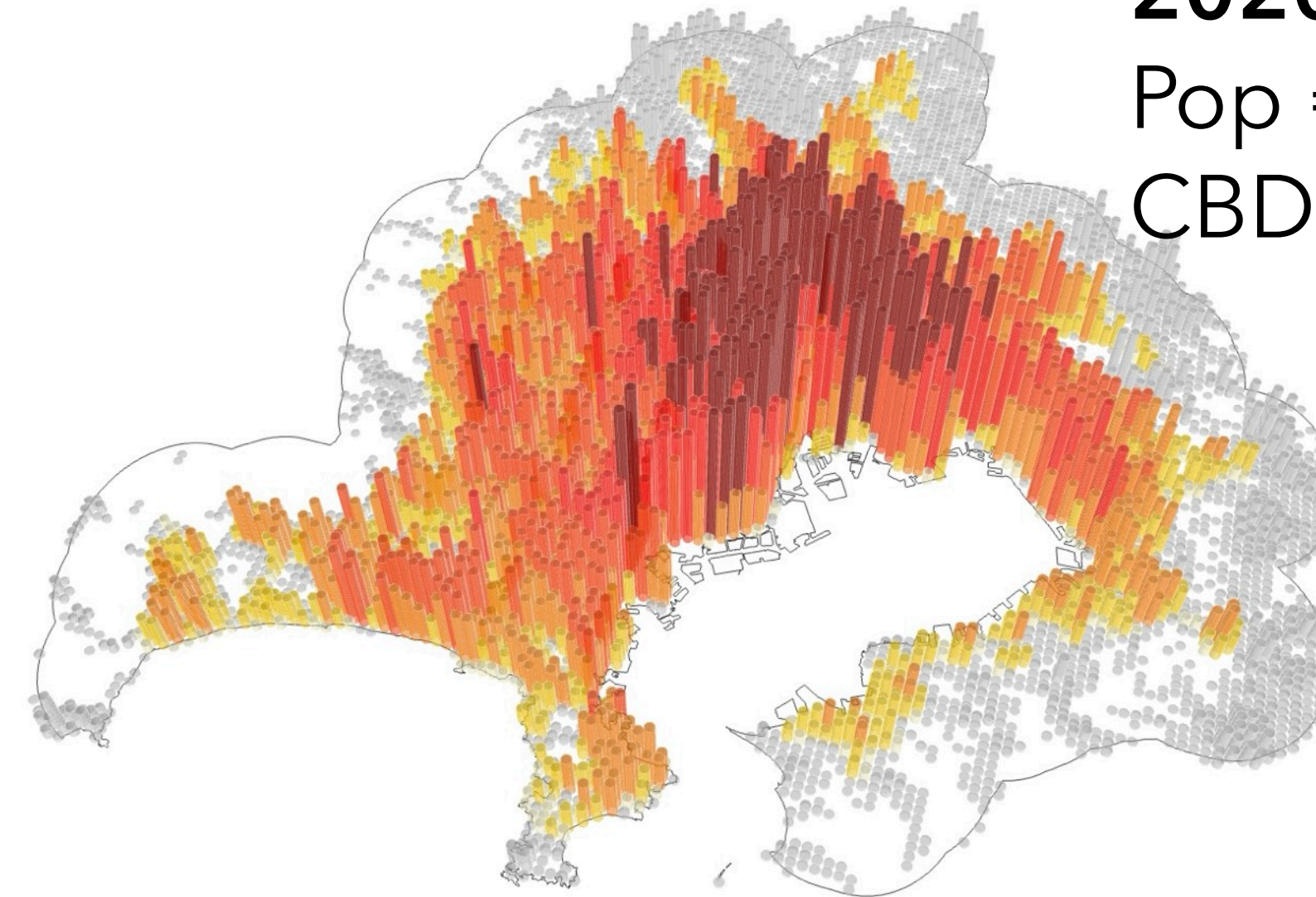
CBD density = 41k



**2020**

Pop = 34 mil.

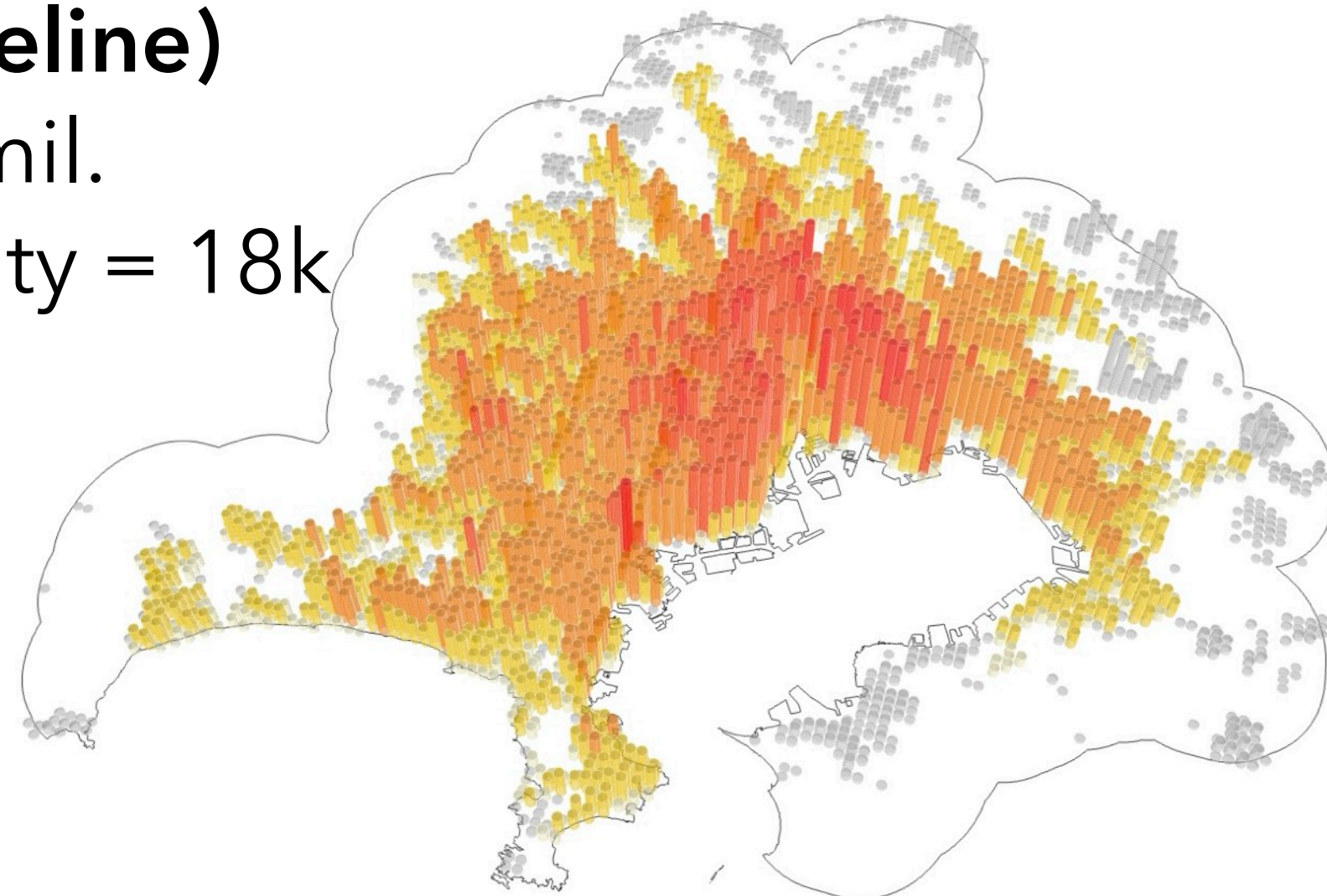
CBD density = 33k



**2120 (Baseline)**

Pop = 20 mil.

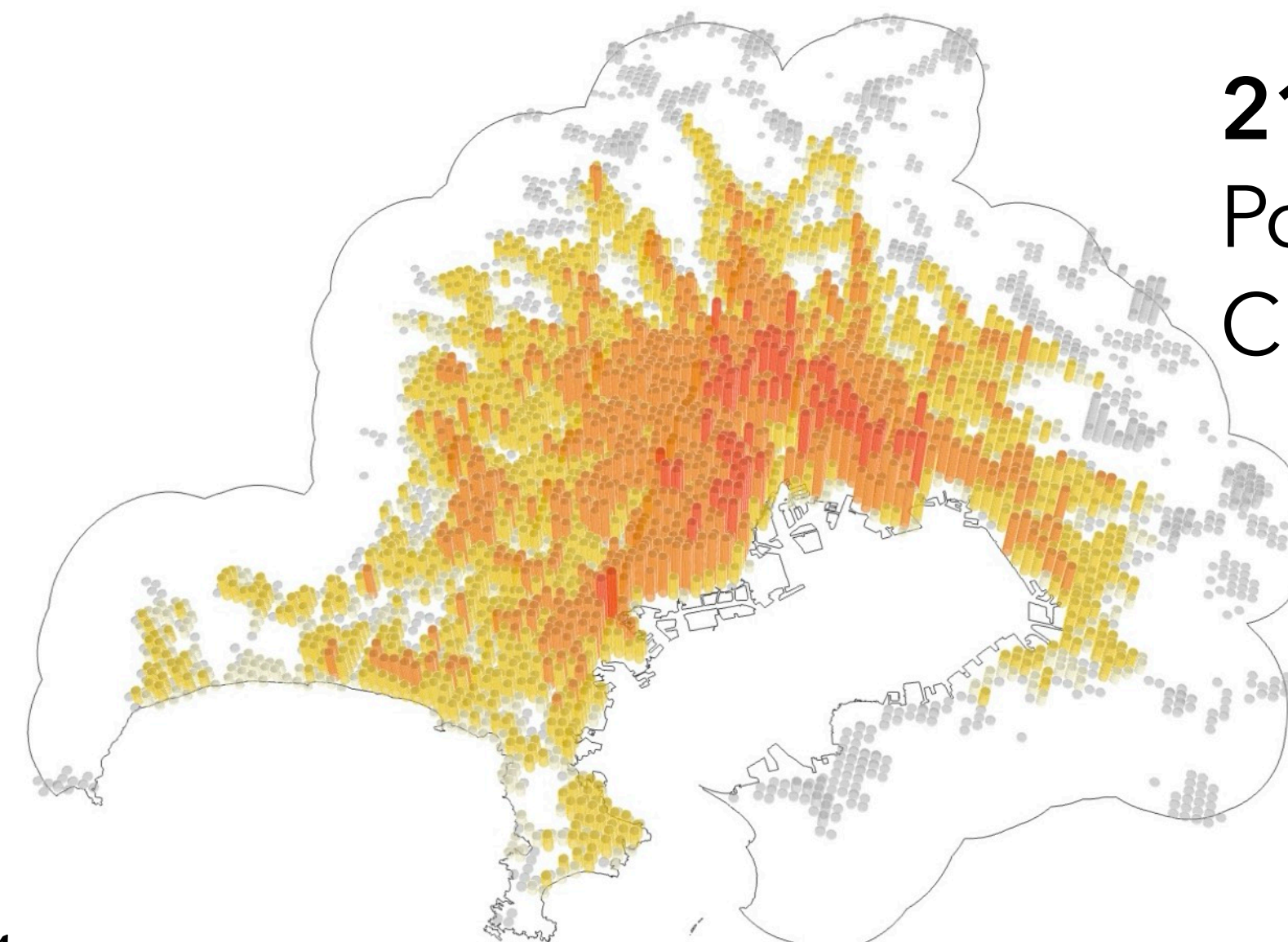
CBD density = 18k



**2120 (Pessimistic)**

Pop = 14 mil.

CBD density = 14k



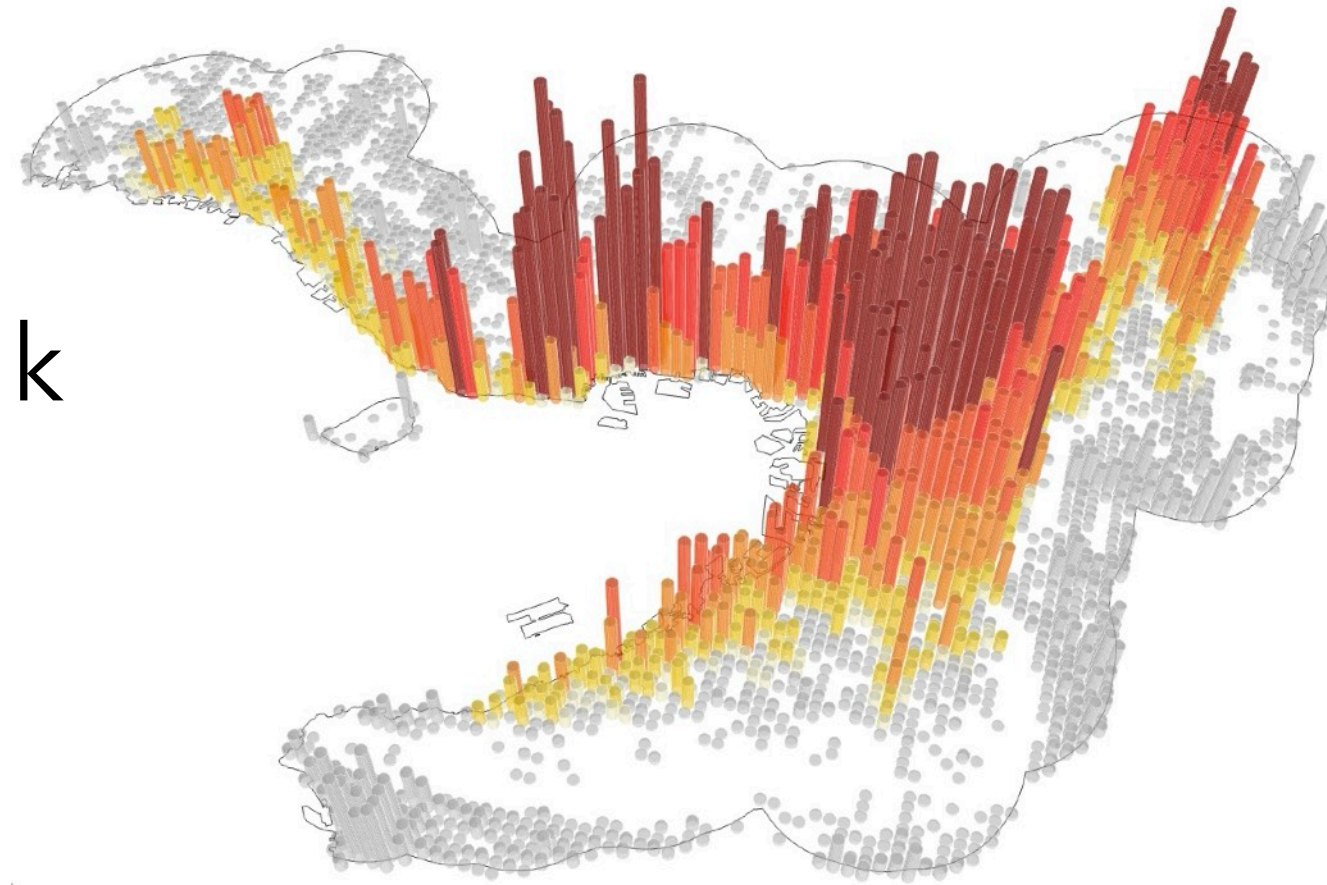


# Flattening of large cities – Osaka (2nd largest)

**1970**

Pop = 12 mil.

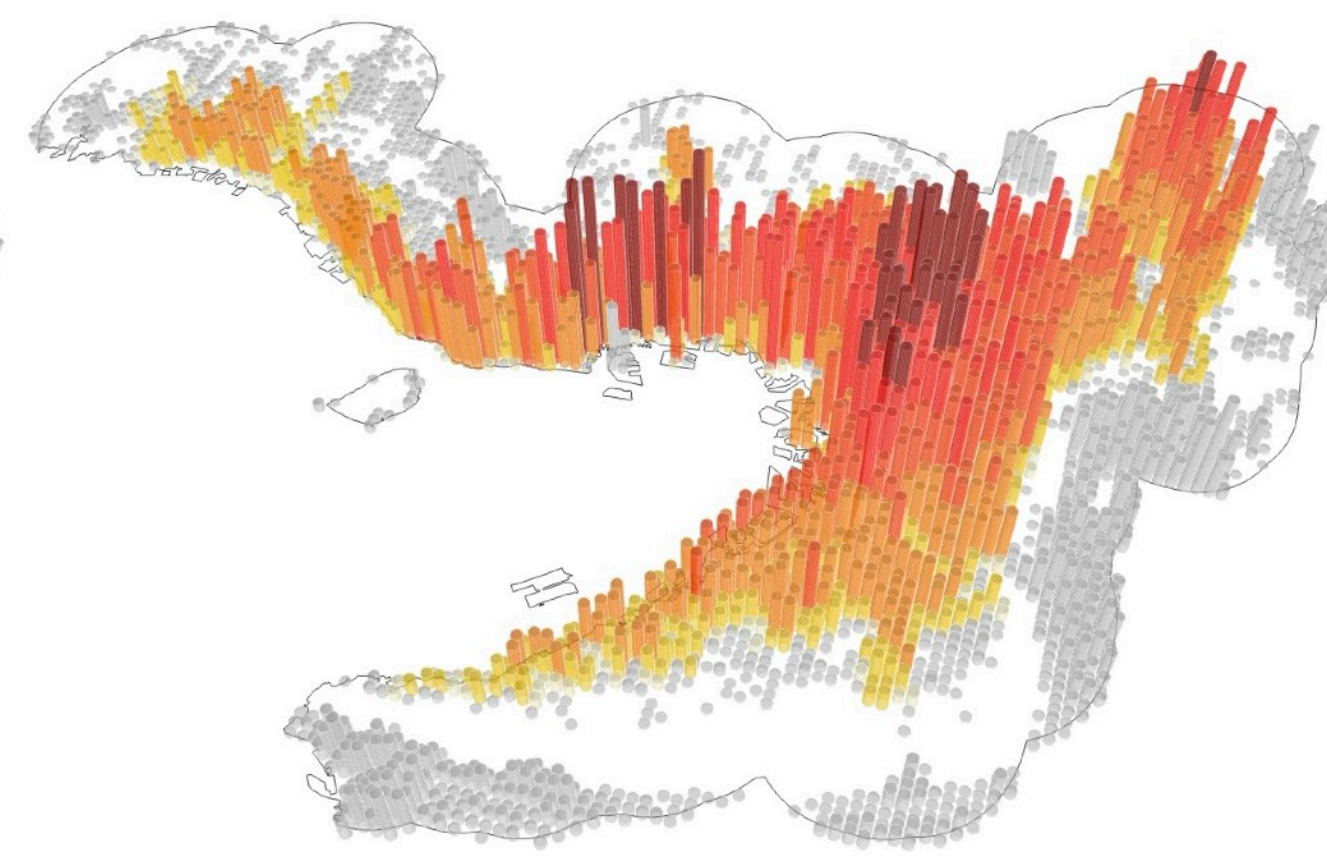
CBD density = 41k



**2020**

Pop = 15 mil.

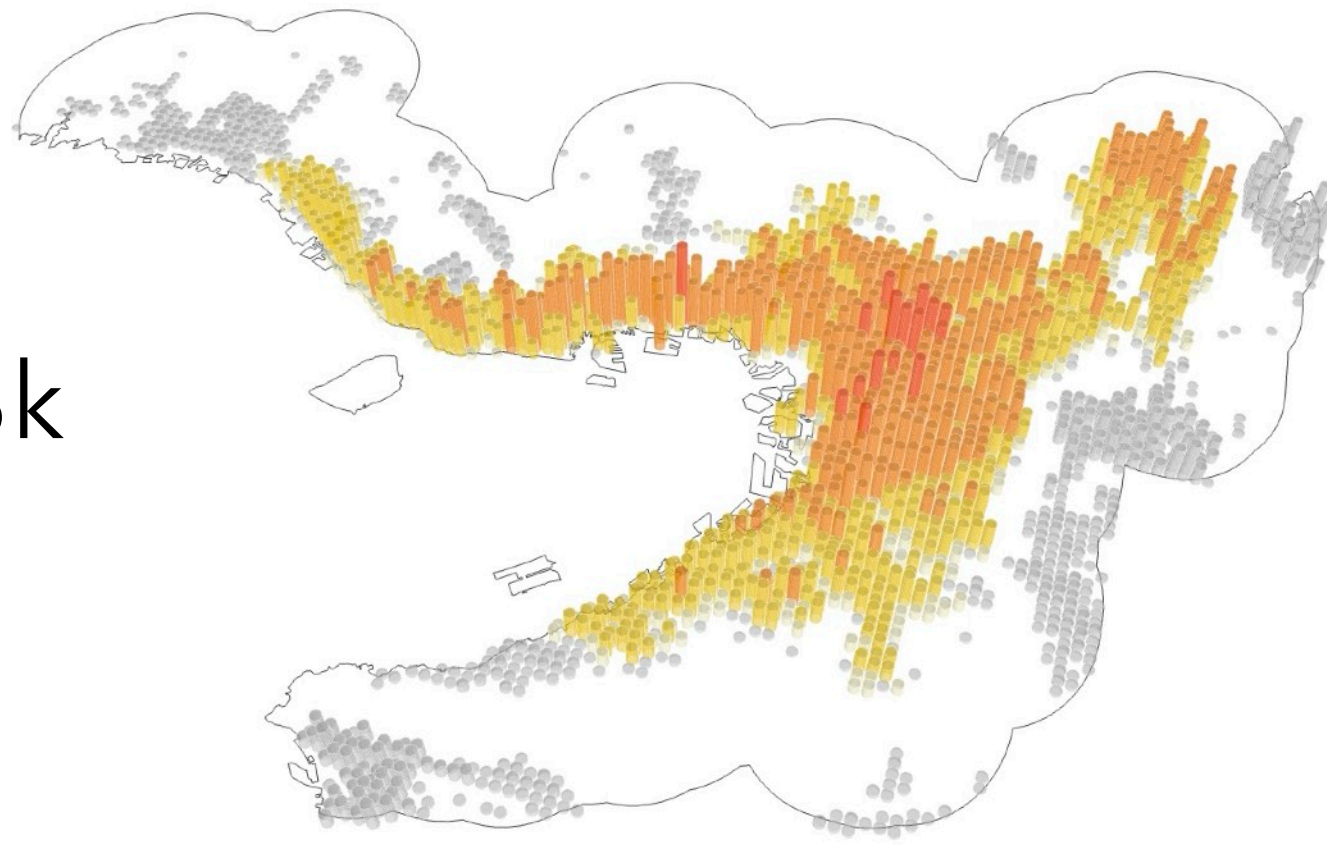
CBD density = 29k



**2120 (Baseline)**

Pop = 6.5 mil.

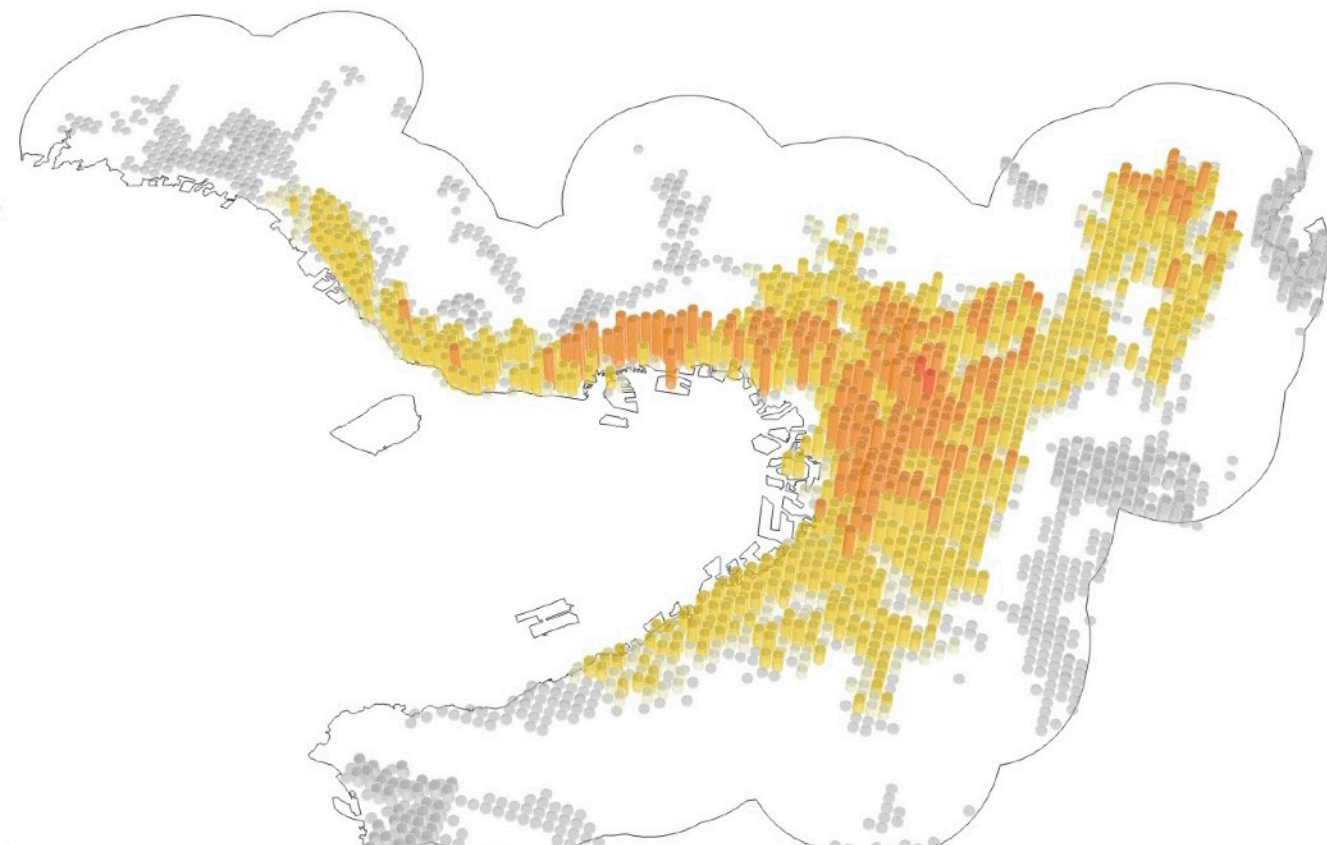
CBD density = 13k



**2120 (Pessimistic)**

Pop = 4.9 mil.

CBD density = 10k

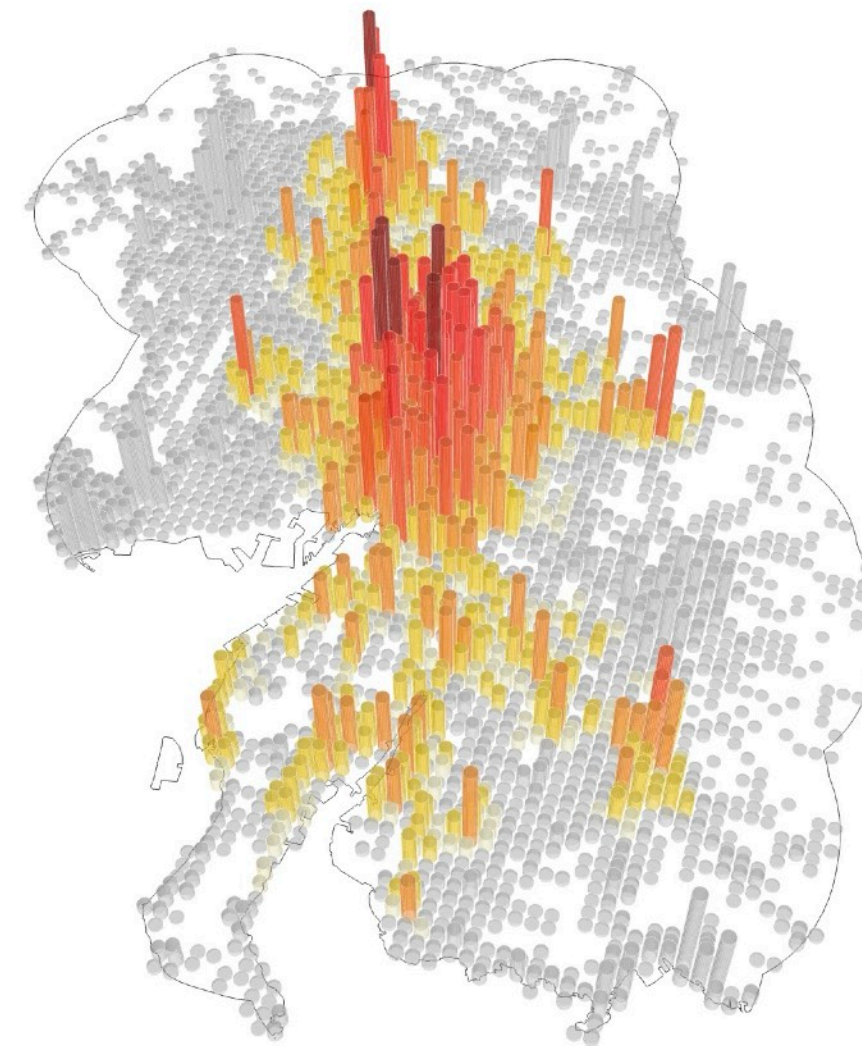




# Flattening of large cities – Nagoya (3rd largest)

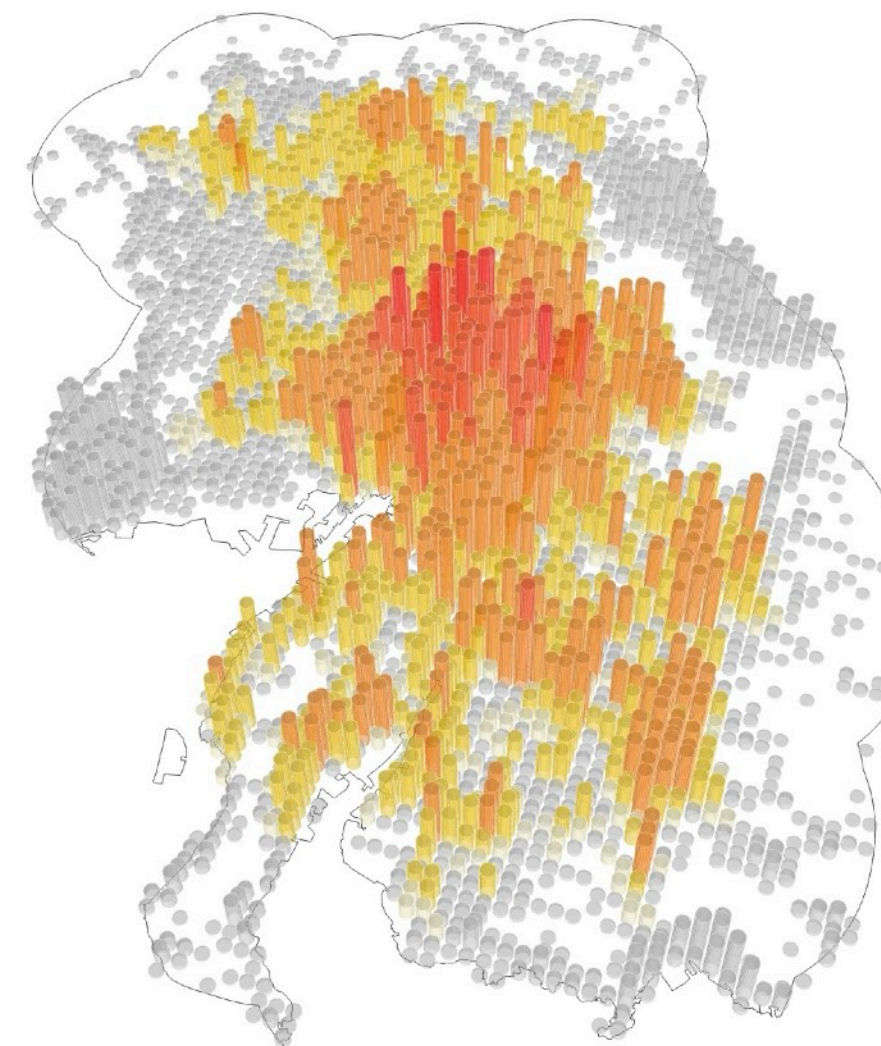
**1970**

Pop = 4.5 mil.  
CBD density = 24k



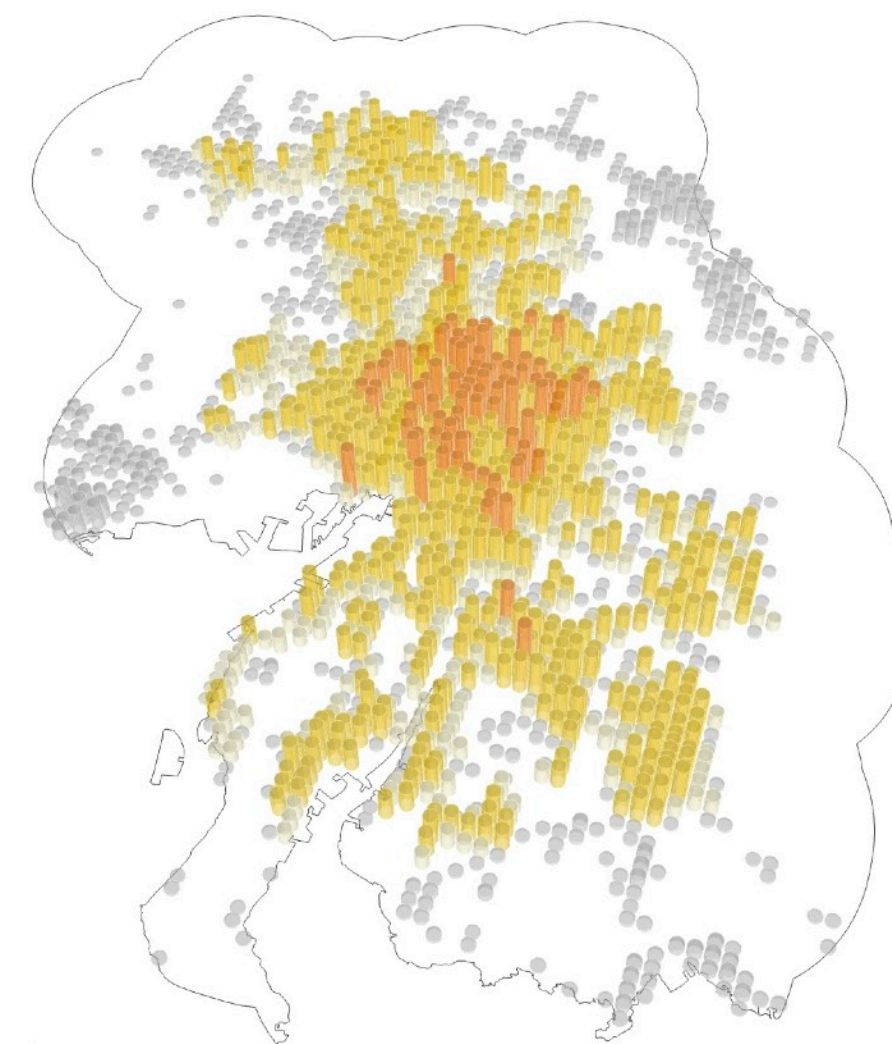
**2020**

Pop = 7.3 mil.  
CBD density = 18k



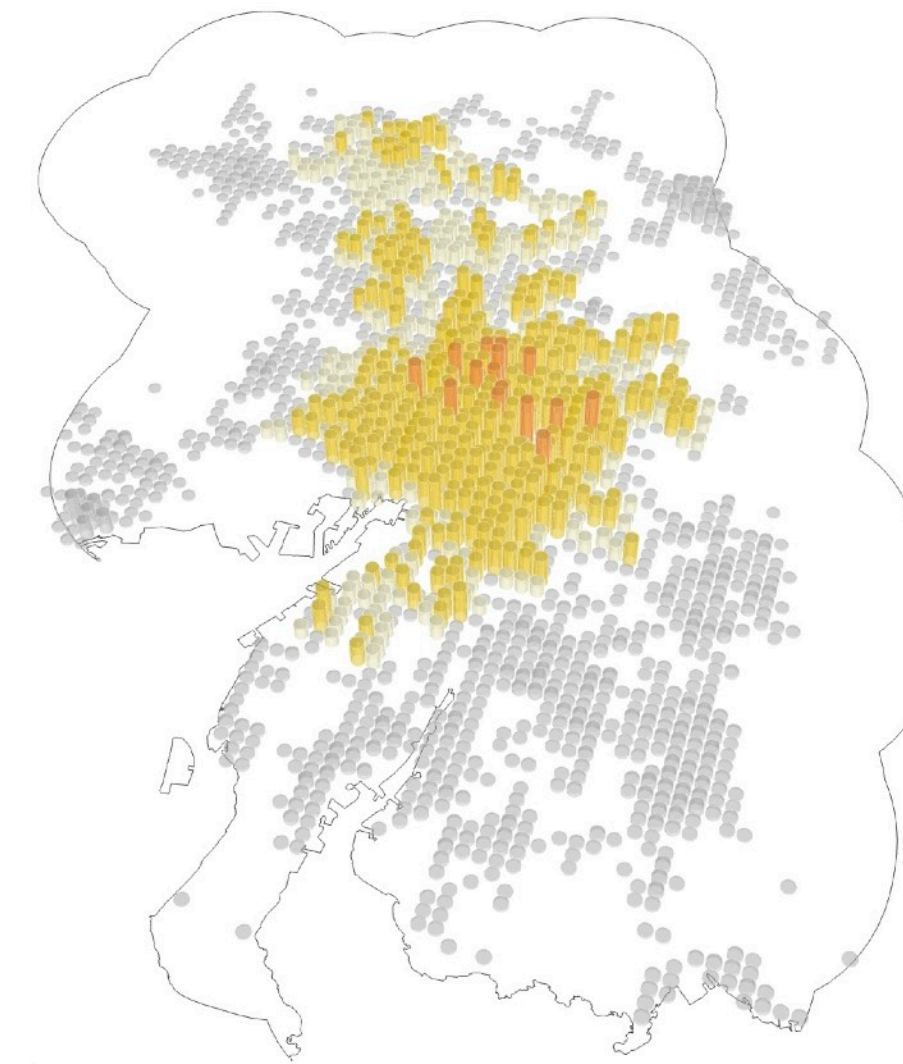
**2120 (Baseline)**

Pop = 3.3 mil.  
CBD density = 8.2k



**2120 (Pessimistic)**

Pop = 2.0 mil.  
CBD density = 6.8k

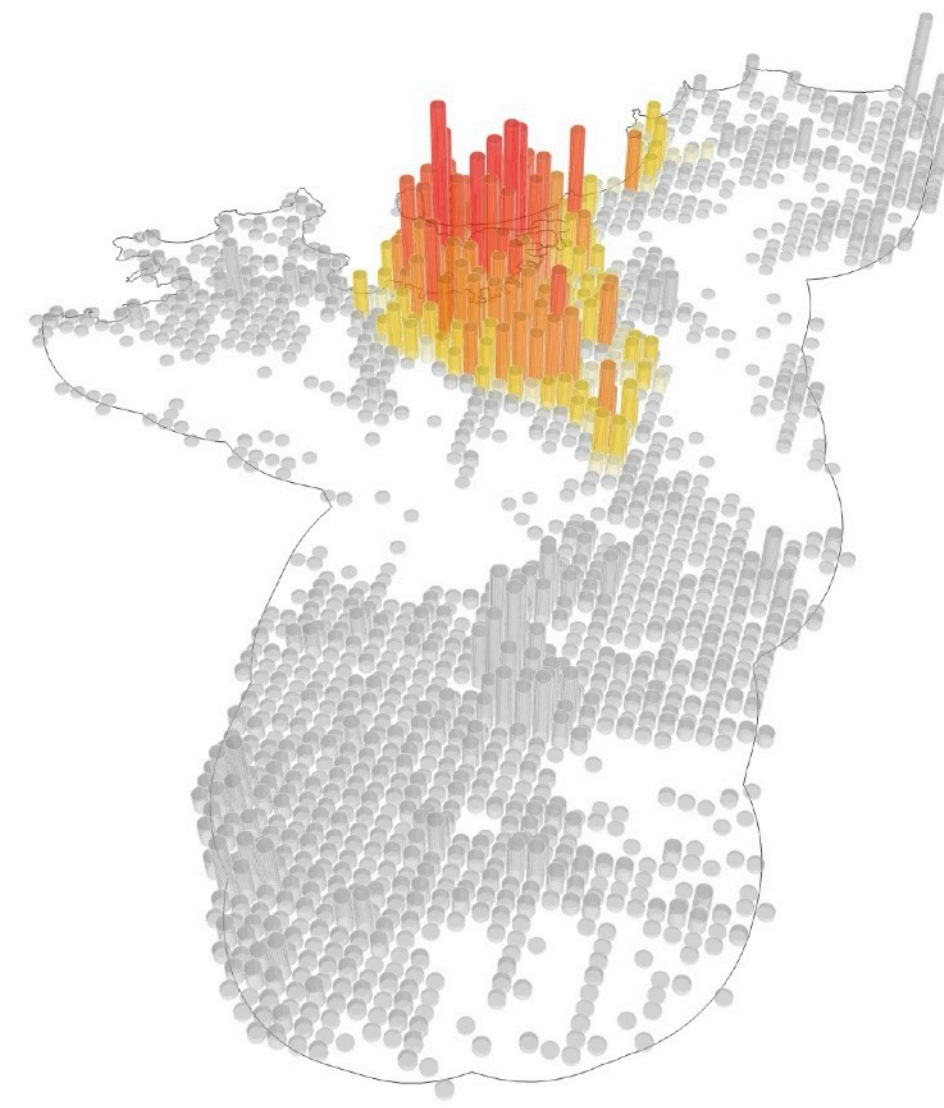




# Flattening of large cities – Fukuoka (4th largest)

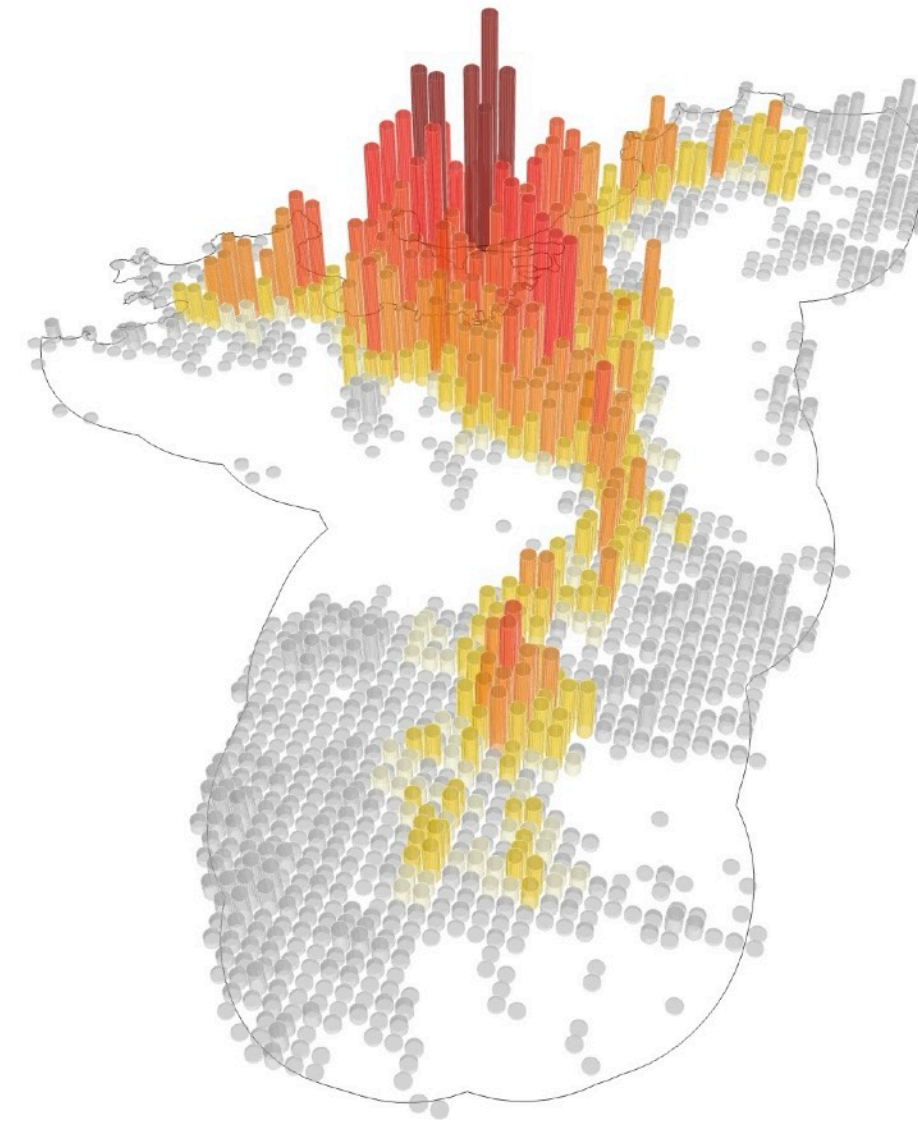
**1970**

Pop = 1.0 mil.  
CBD density = 19k



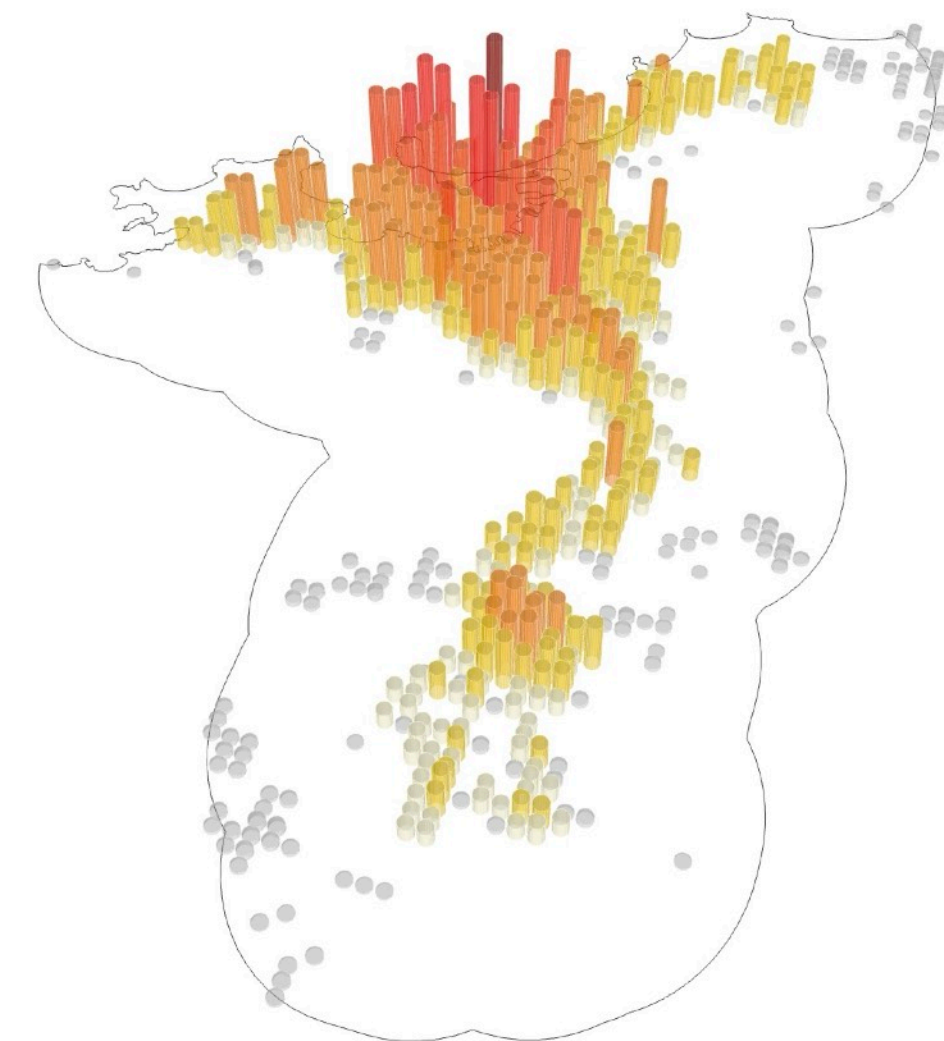
**2020**

Pop = 2.9 mil.  
CBD density = 28k



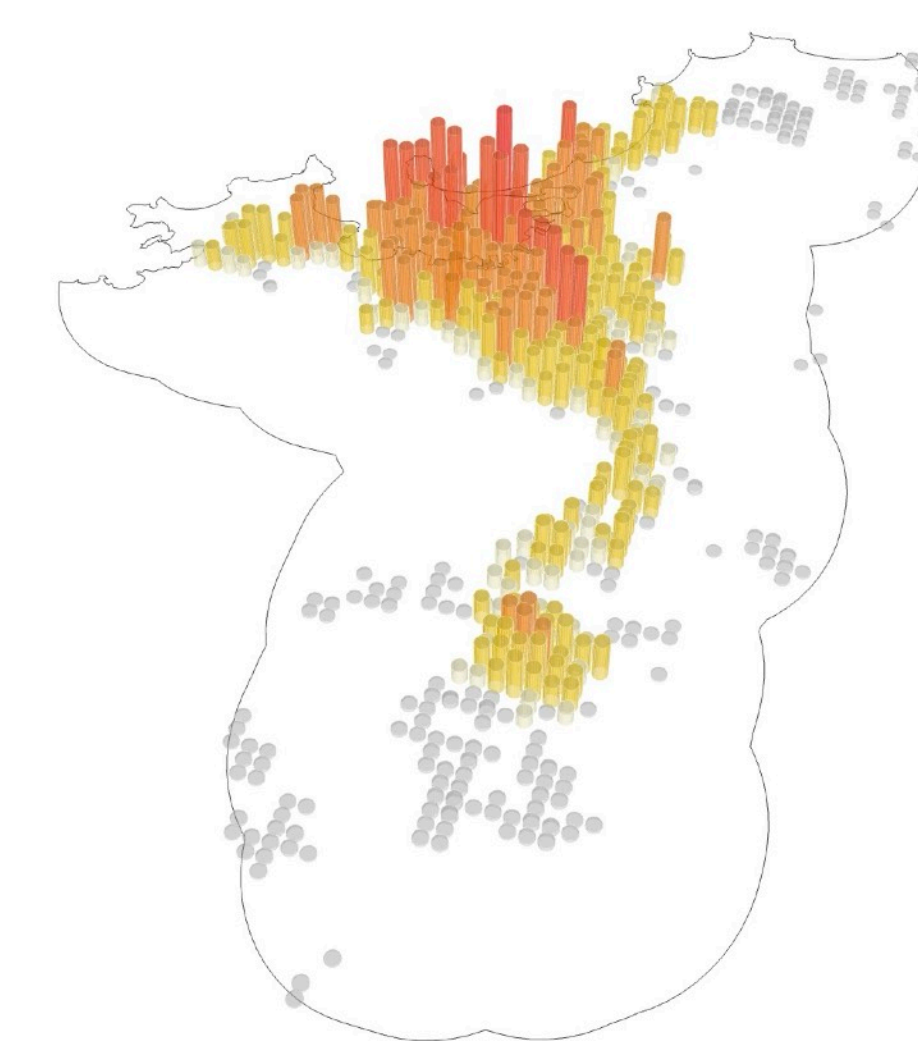
**2120 (Baseline)**

Pop = 1.7 mil.  
CBD density = 17k



**2120 (Pessimistic)**

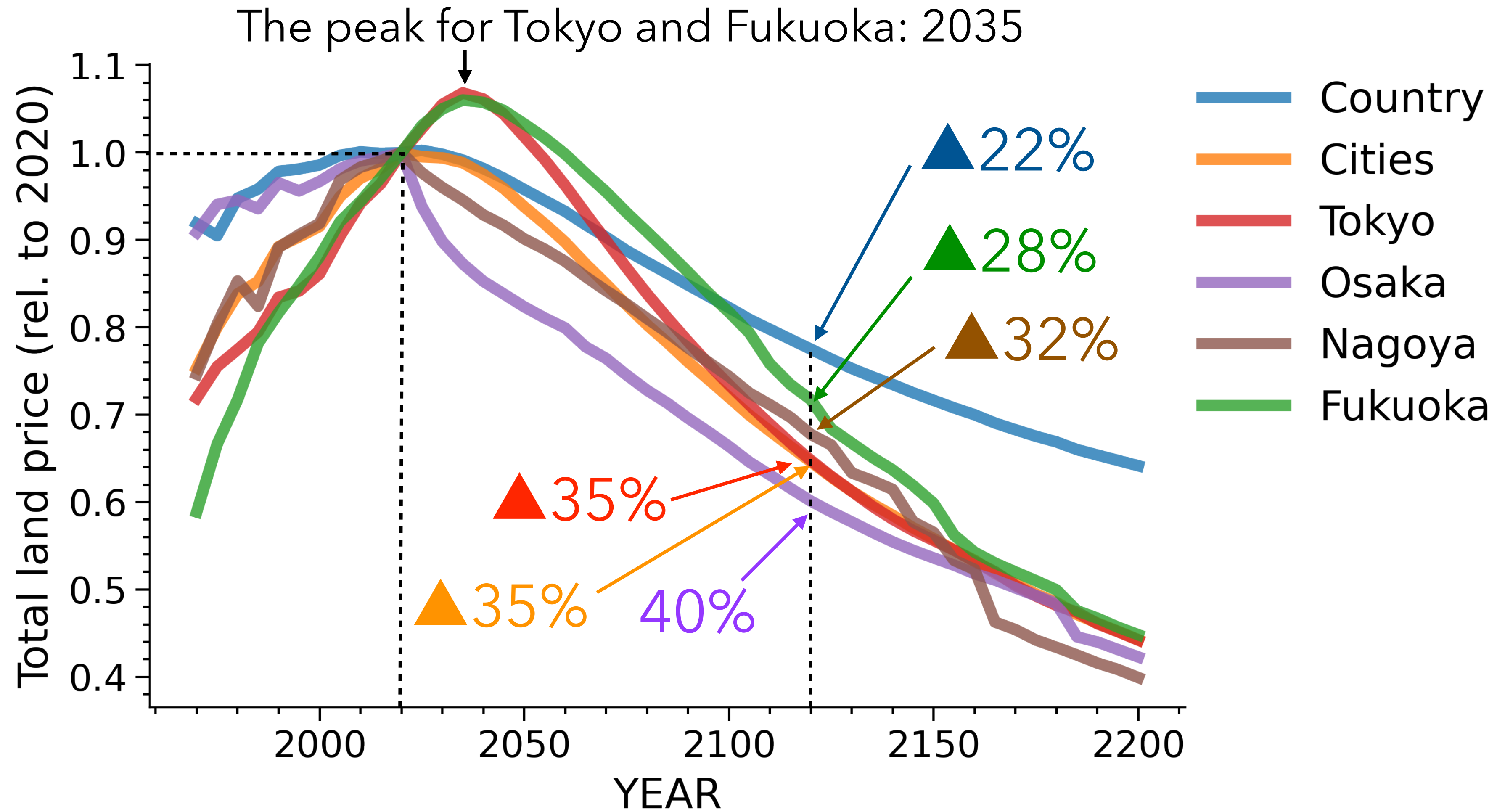
Pop = 1.1 mil.  
CBD density = 13k





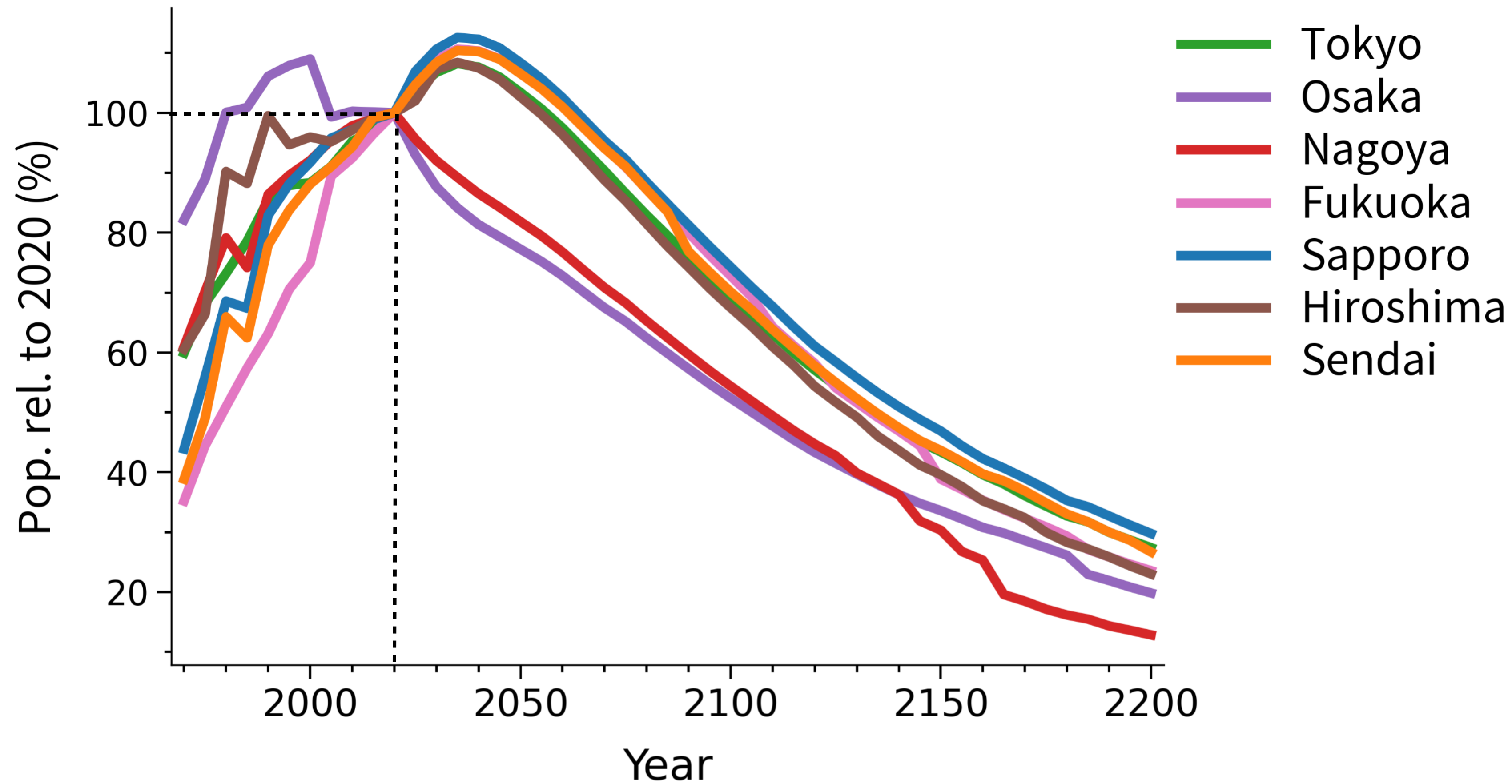
# Land price

## Baseline



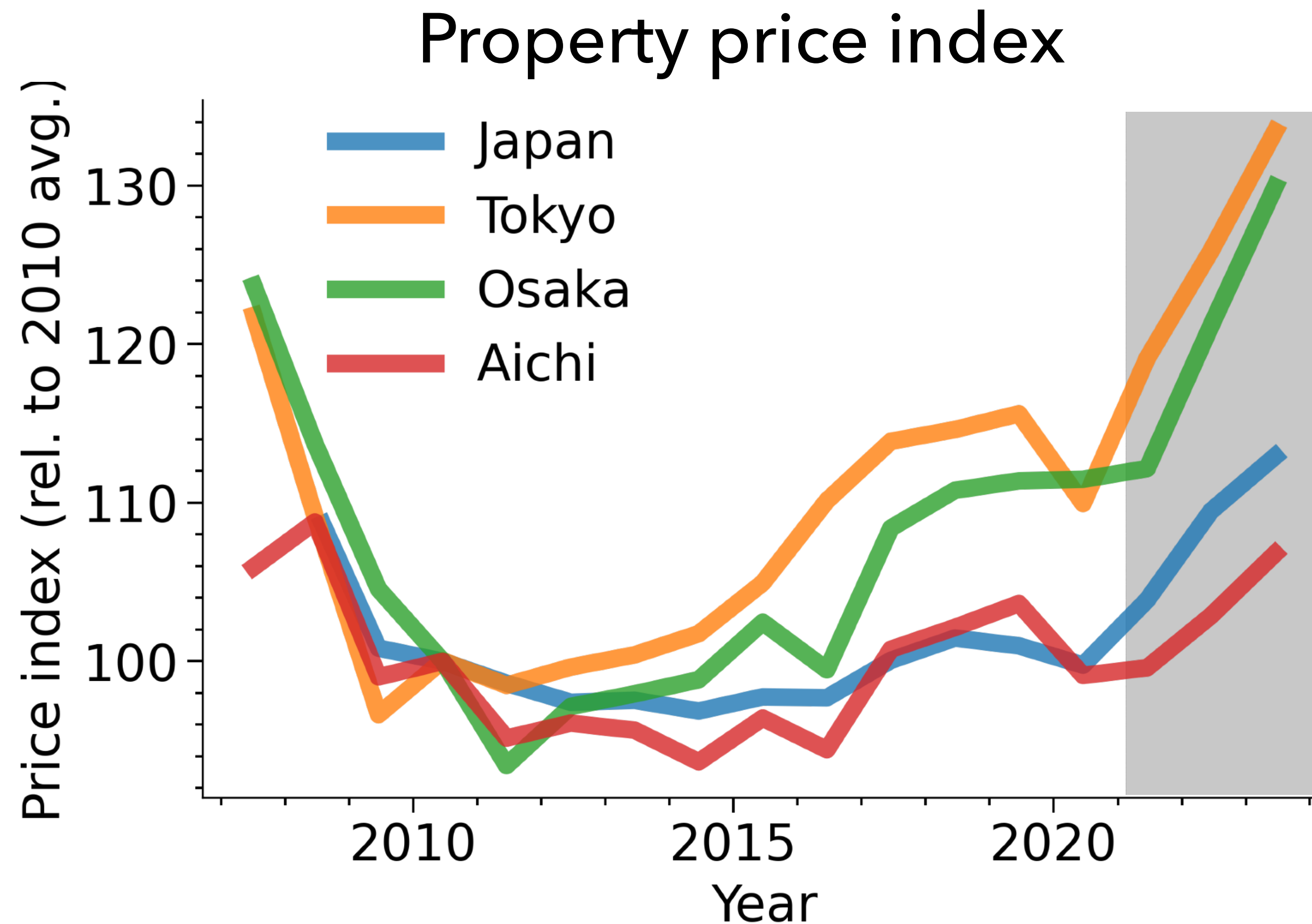
# Population of the largest cities in the 7 regional divisions

## Baseline scenario



# Property prices in large cities

## Real estate bubble in large cities



The bubble will burst soon.

(Data : MLIT, 2024)

# Implications



# Regional policies under declining population

## Rural areas

**"Compact city"** – Concentrate urban functions and residential areas around the city center.

(Currently 703 municipalities are working on it.)

- ▶ #100k cities will decrease from 83 in 2020 to 20-30 in 2120  
→ Bold "selection and focus" is needed.
- ▶ Against the motivation of households & firms to disperse within a city
- ▶ For regions to shrink, promote "smart aggregation" by transforming to a scalable infrastructure

# Regional policies under declining population

## Rural areas

### “Chiho Sousei” or Regional Development Policy

- ▶ Population maintenance/increase is the goal (most municipalities/prefectures are working on it).
- ▶ But, in 100 years, the total population will decrease by 60-70%, with 60% of the remaining population concentrated in the three largest cities.
  - Most regions won't be able to maintain cities.
  - Consolidation of hub cities (e.g., remaining 20-30 100k cities):  
Densification of logistics and human flow



# Regional policies under declining population

## Rural areas

- ▶ Rural areas off the major transport lines
  - Exploit primary industry by utilizing rich agricultural and forestry resources.
    - Ishikari : Cooperative robotic agriculture
    - Miyazaki : Cyclical agriculture
- ▶ Rural cities along the Tokaido and Sanyo Highway: Difficult to revitalize
  - Some may survive by reversing the hollowing out of the 80s.  
But, many are destined to disappear.  
Smart aggregation is necessary.



# Regional policies under declining population

## Major cities

**Smart downsizing is urgent.**

- ▶ Large cities, including Tokyo, are rapidly becoming lower density.
- ▶ Housing policies that encourage low-rise and human interaction  
→ Rebuilding local communities.
- ▶ Seek urban development with high affinity for automated driving and logistics automation
- ▶ Shift to disaster resilient zoning

# **A future that cannot be learned from the past**

## **Limitations of prediction**

### **Localization of physical transport access**

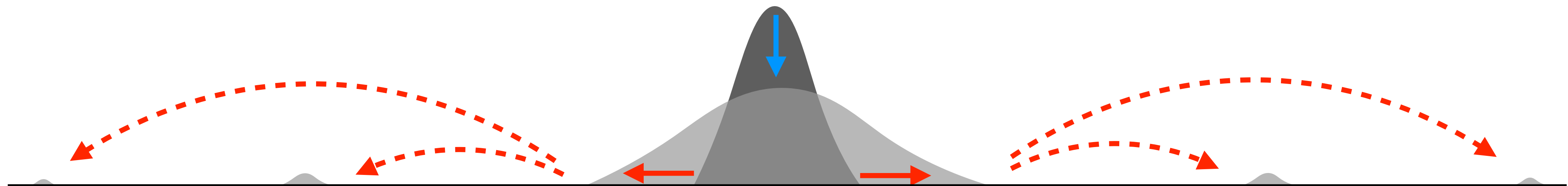
- ▶ Mass transportation by Shinkansen and air transportation need sufficient demand scale.
- ▶ Physical transport access will be polarized to a few major cities.
- ▶ In rural areas, virtual mobility will be the norm.

# A future that cannot be learned from the past

## Limitations of prediction

### Blurring of urban boundaries

- Flattening of large cities may cross inter-city boundaries.  
(Two-location residence may be more popular.)





# Measures for declining birthrate

- ▶ In Japan, it is the household's own responsibility to have and raise children.
- ▶ Provide support for child rearing comparable to that in Europe.
  - Fertility rate will be boosted to 1.6 by this.
- ▶ Promote support for childbirth and child rearing not based on marriage
  - Disappearance of hierarchy in the family
  - Increased difficulty in maintaining marriages/family consensus
  - Avoidance of physical contact in younger generations
  - What does the new form of the family look like?

# Population distribution on the map

## Past data

1975年    2000年    2020年

## Projection under the baseline scenario

2050年    2070年    2120年    2170年    2200年

## Projection under the pessimistic scenario

2050年    2070年    2120年    2170年    2200年